

# Pierce~~e~~xtension

COMMUNITY EDUCATION CALENDAR OF CLASSES

# FALL 2018

SEPT 4, 2018  
REGISTRATION  
BEGINS



**September 4 – Register Online, Telephone,  
In-Person, by Mail or Fax – 10 a.m – 6 p.m.  
Tel 818-719-6425 • Fax 818-610-6517  
[extension.piercecollege.edu](http://extension.piercecollege.edu)**

# PIERCE EXTENSION FALL 2018 CALENDAR

<b>SEPT. 4</b>	<b>TUESDAY</b>	<b>PIERCE EXTENSION REGISTRATION BEGINS TELEPHONE REGISTRATION BEGINS AT 9 AM; IN-PERSON REGISTRATION BEGINS AT 10 AM; FAX &amp; MAIL REGISTRATION BEGINS</b> All mail registration must be postmarked and have a stamped, self-addressed envelope enclosed. Registrations will be processed on a first-arrived basis. Please give alternate choices or check the waiting list box on registration form in case a class is closed.
<b>NOV. 12</b>	<b>MONDAY</b>	<b>VETERAN'S DAY OBSERVED—CS OFFICE CLOSED</b>
<b>SEPT. 28</b>		<b>COMMUNITY SERVICES SUMMER PROGRAM BEGINS</b>
<b>NOV. 22 &amp; 23</b>	<b>THURSDAY FRIDAY</b>	<b>THANKSGIVING OBSERVED—CS OFFICE CLOSED</b>

Check individual programs for beginning dates, special schedules, ending dates and variations from holiday schedules.

Pierce College's not-for-credit, community education program.

## Pierc**e**xtension

PIERCE COLLEGE COMMUNITY EDUCATION

Pierce College's not-for-credit,  
community education program

Each year, Pierce Extension serves approximately 15,000 students; offering over 1,300 educational opportunities for personal or professional development, skill improvement and upgrading, cultural enrichment, and recreational enjoyment. Taught by experts in their field, Extension classes are offered in addition to Pierce College's instructional program, and are not academic equivalents of regular classes, or prerequisites for the traditional college program.

Pierce Extension is a self-sustaining, user-fee supported program which welcomes everyone in the community to participate. Call us at (818) 719-6425 to enroll in a class, or for more information. You can also visit our website at: <http://extension.piercecollege.edu> for class information. Join us on the road to life-long learning!

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## Pierce College Foster & Kinship Care Education Fall 2018

(818) 710-2937 / FAX (818) 610-6517 Onagak@piercecollege.edu

Renewal classes meet all LA County and State requirements for B, W, D & F Rates

Classes are open to all Foster Parents, Kinship Caregivers & Interested Parties

### RENEWAL CLASSES: Saturdays in JUNIPER 0802

Foster and Kinship Care Education (FKCE) classes provide quality education and support opportunities for caregivers of children and youth in out-of-home care enabling these providers to meet the educational, emotional, behavioral and developmental needs of the children in their care.

FKCE classes are open to all Resource Parents (foster parents, relative caregivers, non-relative family member) and anyone else who is interested in or who works with children care.

#### Resource Parents Include:

- People who care for non-relative children in out-of-home care. Also, known as **Foster Parents**.
- People who care for their relative children, such as grandparents, uncles/aunts, older siblings. Also known as **Relative Caregivers**
- People who may not be related, but care for children of close friends of the family. Also known as **Non-Relative Family Members**.

**Interested Parties** may be teachers, day care providers, medical or emergency professionals, potential foster parents, child development majors, or anyone who is interested in foster children, children or care issues.

#### All classes are FREE

Classes qualify for B, W, D and/or F- Rate renewal hours

FKCE classes satisfy annual renewal hours for Los Angeles County Resource Parents (Foster Parents) that are licensed by the State of California. The rates and required hours are:

**B-Rate (Basic Rate) 12 hours**

**F-Rate (Medically Fragile) 12 hours**

**W-Rate (Whole Family Foster Home) 4 hours**

**D-Rate (Emotional/Behavior Issues) 18 hours**

Participants will receive certificates at the end of each class

To receive a certificate for class hours in full, **participants must arrive by the start of class.** Students entering 15 minutes after class begins or leaving class before the end will not receive credit for attendance. Pre-registration is not required for renewal hour classes, **however, pre-registration is required for pre-service classes.**

**Renewal classes meet on Saturdays on campus in the JUNIPER 0802 unless otherwise specified.**

**Children are not permitted at workshops. Childcare is not provided.**

## Renewal Training

**\*\*\*\* PRE-REGISTER FOR ALL CLASSES IS STRONGLY RECOMMENDED**

**Online at [extension.piercecollege.edu](http://extension.piercecollege.edu) - Click on "register for classes"**

**OR By phone at 818-710-2937**

## September 2018

### AB 12 REGULATIONS

AB12 requires caregivers, social workers, and youth to work together in new and different ways in order to development youth focused and youth centered programs that provide young adults with guidance and assistance. Caregivers will discuss the Transitional Independent Living Plan (TILP) and other state forms and critical resources

**Tammy Lanier, FKCE Lecturer**

**Saturday, September 8**

**9am – 3 pm**

### RFA WRITTEN DIRECTIVES & RULES

With all the changes happening throughout the state, it is for caregivers to stay informed on the Resource Family Approval process. This workshop will provide clarity for caregivers on what is required and bring them up to date on any changes so they can be well informed.

**Tammy Lanier, FKCE Lecturer**

**Saturday, September 15**

**9 am-3pm**

### Child Development (0-5)

Participants in this class will learn about the different developmental stages (milestones) of infancy to early childhood. We will explore the four main developmental areas (physical, language, social, cognitive).

**Maria Gaytan, MA**

**Wednesday September 19**

**9 am-12 pm**

### UNDERSTANDING YOUR CHILD'S EMOTIONAL LANGUAGE

This interactive class is a practical way for parents and caregivers to understand and decode their child's negative and positive emotions for growth and development. Attendees will leave feeling fulfilled with an abundance of resources and tools for guiding their child toward living a healthy and happier emotional life.

**Yvonne Brooks, FKCE Instructor**

**Saturday, September 22**

**9 am – 12 pm**

### THE IMPACT OF PHYSICAL AND SEXUAL ABUSE

This class explores the parameters of physical and sexual abuse and the devastating impact on children. Caregivers will gain a deeper insight of how to identify signs and symptoms of various types of abuse and how these manifest in children. Treatment approaches will be discussed.

**Steve Lorentson, LMFT**

**Saturday, September 29**

**9 am – 12 pm**

## October 2018

### COMMERCIAL SEXUAL EXPLOITATION OF CHILDREN: Awareness and Identification

Commercial Sexual Exploitation of Children (CSEC) will give care providers the tools needed to identify warning signs and indicators of CSEC involvement. Caregivers will obtain the ability to recognize risks associated with children and youth in out-of-home care, identify and strengthen protective factors to prevent youth from involvement in CSEC, and understand the core elements of CSEC awareness, identification, intervention and referral for assessment and treatment. Caregivers will develop an understanding of the survivor, from the survivor's perspective.

**Theresa Reed, Med, FKCE Director, PCC**  
**Saturday, October 6 9am-3pm\***

### Understanding Depression and Suicide:

This workshop will help individuals better understand depression and suicide. We will discuss what depression and suicide look like, how these can develop in a person, and the best parenting practices that can be utilized within the family system.

**Saul Jimenez, MA, FKCE Instructor**  
**Thursday, October 11 9am-12pm**



### Providing Care to Children with Parents in Prison

There are an estimated two million minor children in the United States who have an incarcerated parent. The incarceration of parents not only has a devastating and damaging impact on children, but it also affects their caregivers and the well-being and integrity of their families (Justice Strategies Blog). In this workshop, caregivers will gain a better understanding of the emotional impacts and needs of children who have or are experiencing a parents incarceration. Caregivers will learn how to deal with their own emotional struggles of parenting children of prisoners and how to foster continued relationships between children and their incarcerated parents.

**Tami Brooks, PsyD**  
**Friday October 12, 10:00 am – 12:00 pm**

### Vicarious Traumatization – Healing and Wellness for Helpers and Workers

- Are you a caregiver, social worker, therapist?
- Have you been working with youth in foster care who has experienced trauma?
- Do you feel like you are losing your passion for the work you are doing?
- Are you experiencing high levels of stress?
- Would you like to be re-energized?

**Theresa Reed, Med, FKCE Director, PCC**  
**Saturday, October 13 9am-3pm**



### Diabetes and Food Planning 9:00am-12:00pm

Learn all the basics about diabetes in children. What records do you need to keep? What do you report to the doctor and how do you plan family meals? Learn how to record, plan, store and administer medications safely. Learn the side effects of many common medications..

### Medication management 12 pm-3pm

Learn how to record, plan, store and administer medications safely. What route for what medication. Learn the side effects of many common medications and records you need to keep as a Foster Parent

**Karen Inouye, BSN, RN-C, FKCE Instructor**  
**Saturday, October 20 9am – 3 pm**

### DOCUMENTING MEDICATION INFORMATION

Many of the children in our care require medication and, as a caregiver, proper documentation of medication information is key. Participants will learn the "5 Rights of Medication", what to do in the case of medication errors, and the importance of reporting incidents using the Mandated Reporting Guidelines.

**Tammy Lanier, FKCE Lecturer**  
**Saturday, October 27 9am – 12pm**

### Desarrollo infantil (0-5)

Los participantes en esta clase aprenderán acerca de los diferentes indicadores del desarrollo durante la infancia. Exploraremos las cuatro áreas principales del desarrollo (físico, comunicación, social, cognitiva).

**Maria Gaytan, MA**  
**Wednesday October 27 1:00pm -4:00pm**

## November 2018

### LGBTQI Raising the Rainbow Child

How does your child know they are gay, trans, queer? Is this just a phase? How can you support them, get them the medical care they need and what resources are available to you? What support is in community for parent of rainbow children? How can you tell your family about your rainbow child?

**Karen Inouye, BSN, RN-C, FKCE Instructor**  
**Saturday, November 3 9am – 3 pm**

### Understanding Trauma

This workshop will help individuals to better understand trauma. We will discuss how trauma affects the brain, development, feelings and behaviors. Most importantly, best practices to support children or youth that have experienced multiple traumas.

**Saul Jimenez, MA, FKCE Instructor**  
**Thursday, November 8 9am-12pm**

### Stress management and self-care promotes a healthy environment.

Young people who describe their environments as “kind” are more likely to be mentally healthy, a study funded by the Born This Way Foundation finds. Caregivers have so many responsibilities that sometimes individual care is overlooked. As caregivers, it is important to understand that self-care is necessary in providing a healthy environment to youth. In this workshop, we will discuss stress and how it might manifest, how to identify stress, and the importance managing stress. Caregivers will create a calendar to include daily self-care and monthly “days off” as a way to focus on self and revitalizing the mind and body.

**Tami Brooks, PsyD**  
**Friday November 9 10 am – 12 pm**

### Street Drugs: Updates

Exposure to street drugs can lead to many problems with the children in our families. This class will review the effects of commonly known street drugs as well as provide updates on more recent drugs that are available in the streets. We will also discuss ways to educate our children about how to respond safely in high-risk situations.

**Steve Lorentson, LMFT**  
**Saturday, November 17 9 am-3 pm**

## December 2018

### TRAUMA INFORMED CARE

The intense shame commonly experienced by survivors of childhood abuse is seen as a result of constructions of meaning in childhood that served to protect the child’s image of their parents. “They are right and good, so I must deserve this pain because I am unworthy and bad.” These beliefs help the child to deny their own powerlessness.

**Theresa Reed, Med, FKCE Director, PCC**  
**Saturday, December 1 9am-3pm\***

### SHAKEN BABY SYNDROME

Shaken Baby Syndrome (SBS) also known as (AHT) Abusive Head Trauma mostly affects children under the age of one. It is a criminal act that can cause brain damage, cerebral palsy, blindness, hearing loss, seizures, paralysis, and even death. Sometimes symptoms don’t occur immediately, caregivers will learn that a child might seem normal, but over time will develop physical or medical conditions as a result of SBS.

**Tammy Lanier, FKCE Lecturer**  
**Saturday, December 8 9am – 12pm**

### TO BECOME A RESOURCE PARENT (FOSTER PARENT) PLEASE CALL 888-811-1121

Pre-Service training is required for caregivers to care for select groups of children or teens.

## Pre-Service Training

Pre-Registration is required.

1. Online at [extension.piercecollege.edu](http://extension.piercecollege.edu)

• Click on “ register for classes ”

By Phone at (818) 710-2937, (818) 719-6425

**THURSDAY EVENING classes meet in the: VILLAGE 8343**

### D-RATE CERTIFICATION

The D-Rate certification is specialized training for caregivers (licensed foster parents, relative caregivers, or non-relative legal guardians) to develop the skills necessary to effectively handle the unique challenges of caring for children with severe emotional and/or behavioral problems.

Instructor: Tammy Lanier

**4 Thursdays September 6-27, 2018**

**5:30pm-9:30pm**

**4 Thursdays November 1-29, 2018**

**5:30pm-9:30pm**

**no class on Nov 22**

### F-RATE CERTIFICATION

The F-Rate certification is specialized training for caregivers (licensed foster parents relative caregivers, or non-relative legal guardians) to develop the skills necessary to effectively handle the unique challenges of caring for children with special medical needs such as severe asthma, traumatic brain injury, shaken baby syndrome, and prenatal alcohol or drug exposure.

Instructor: Tammy Lanier

**4 Thursdays October 4-25, 2018**

**5:30pm-9:30pm**

**4 Thursdays January 10-31, 2019**

**5:30pm-9:30pm**

Sí necesita clases para padres de crianza en español, por favor llame a Mission College (818) 364-7664

**DUE TO SOME SENSITIVE MATERIAL PRESENTED, CHILDREN ARE NOT PERMITTED IN CLASS**

## Personal Fitness Training Certification

Whether for a career move or for personal knowledge, get all the information needed to become a Certified Personal Trainer. Our personal trainer course is a great "Educational Excellence.

**PERSONAL FITNESS TRAINER CERTIFICATION**  
 Whether for a career move or for personal knowledge, get all the information needed to become a Certified Personal Trainer. Our personal trainer course is a great "Educational Excellence.

way to prepare to be a successful nationally Certified Personal Trainer. The collegiate "For Fitness Professionals" course is for candidates wanting in-depth instruction and hands-on experience with a top veteran instructor to master the career skills and knowledge to be a successful trainer. The course consists of 15 hours of lecture with key topics that include biomechanics, exercise physiology, fitness testing, equipment usage, and health assessment, 15 hours of hands-on practical training labs with role playing drills on exercises, presentation skills, etc. to professional master the position.

Level 1 – Nationally Certified Personal Trainer: Successfully complete the written and practical exams. CPR/AED required.  
 Level 2 – Nationally Certified Personal Trainer: Successfully complete your Level 1 certification followed by a 30 hour internship that will help connect to local employers.  
 Free Online Webinar



### Certified Personal Trainer

#### Course Information Session:

Join us and meet leading local employers and our outstanding instructor to learn exactly what the Fitness Industry has to offer you and your career goals. This 1 hour information session will share everything from textbook, online supplemental tools and more! Go from a fitness enthusiast to a fitness leader in your community. Sign up today for our FREE orientation while seats are still available.

**1 Saturday** **October 6**  
**10:00am-11:00 am** **Reg. Fee: FREE**  
**1 Thursday** **Oct. 4**  
**1 pm**

<https://tinyurl.com/Orientation10-18>  
**Alternative Online Orientation Free**

**- National Certification Testing 12/8 (Test vouchers included)**

### 20.0818

**5 Saturdays (Class)** **9 am-4 pm**  
**October 20-December 1** **Reg. Fee: \$699**  
**(no class 11/10 & 11/24)**

**(Required textbook: *Fitness Professional's Handbook – 7th Edition* with Web Resource ISBN-13: 9781492523376 is available for purchase online. An e-book is also available for purchase online: ISBN-13: 9781492535935 you can also order the book through W.I.T.S. by calling 888-330-9487.)**



**83.0805**

## Become a Notary in One Day

**Learn the '2018 New Notary Laws' that all California Notaries are Required to Know**

Start your own business, become a more valuable employee, provide customer service for your business or organization, earn additional income and get recommissioned. This intensive one-day seminar is designed to equip you with everything you need to know to become an effective Notary. You will find out about new legislation as well as how to pass the "new" test (must be taken every 4 years), identify document signers, keep a journal, fill out certificates and avoid lawsuits. The class includes a practice Notary Public Exam. You'll receive a livescan coupon. Notary supplies available in class.



**Cooperative Personal Services will register you for the exam from 4:15 pm to 5:00 pm. The exam will be from 5:00 pm - 6:00 pm. For the exam you will need the following: A \$40 check made out to 'Secretary of State'; proper ID - current drivers's licence with your photo or state issued ID card; a color passport photo & #2 pencils. Fingerprints required after you pass the exam.**

**PLEASE NOTE: Arrive early. Due to State regulations, no one will be admitted to the class- room after 8:30 am. Be on time when coming back to classroom from a break. TESTING SPACE IS LIMITED, EXAM SEATS WILL BE ASSIGNED TO THOSE WHO REGISTER FIRST.**

Requirements: Must be a legal resident of California (military excluded) and age 18 years+.

**Notary Public Training Seminars, Inc. has been a leading course provider in California for over 15 years.**

**1 Saturday 8 am-4 pm**  
**October 20 Reg. Fee: \$140**  
**(Fee for course book included in registration fee)**

### NOTARY CLASS SCHEDULE

8:00-8:30 am – Check In  
8:30 am – 4:00 pm – Seminar  
12:00 pm – 12:45 pm – Lunch  
4:00 - 5:00 pm – Test Registration  
5:00 - 6:00 pm – Notary Public Exam  
(Includes 40 minute lunch & two 10 minute breaks.)

**83.0807**

## Certified Loan Signing Agent

**Prerequisite:** *No need to be a commissioned notary, or even have received the results of your exam. You must have taken a Notary class.*

California's real estate industry is in need of notaries and others that would like to become loan document specialists. Find out how to contract the most profitable businesses and who your primary contact should be; get signed up with successful Signing Services/Agencies and build your own business. We take you through a practice loan package where you'll learn how to properly notarize loan packages, negotiate your fee and advertise yourself in your market, get called back and brand yourself as a professional.

**Notary Public Training Seminars, Inc. has been a leading course provider in California for over 15 years.**

**1 Saturday 9 am-4 pm**  
**October 27 Reg. Fee: \$159**  
**(Fee for course book included in registration fee) (+\$20 for Certificate)**

## Looking to Succeed in the Workplace?

Los Angeles Pierce College

**Adult Education**

**818-719-6423**

**Call for information on these free classes**





20.0844

## Get Your Commercial Drone License and Start Making Money!

Aerial photography – Roofing checks – Real estate video – Weddings – GoPro stunts. Just think of all the money you could make if you flew commercially . . . and without spending the big bucks getting a “real” commercial pilot license. The FAA now allows you to apply for your commercial drone/UAS (Unmanned Aerial Vehicles) license, called a Remote Pilot Certificate, by passing a multiple-choice test and paying a small fee. No experience needed.

If you’re flying your drone for fun in your back yard, you do not need a license. If you wish to make money taking pictures then you must have an FAA 14 CFR part 107 Remote Pilot Certificate.

This 8 hour Community Education course will help you prepare to take the Remote Pilot/FAA Test to receive certification. This course is classroom instruction only. There will not be any drone flying.

You must be at least 16 years old and have a valid government-issued picture ID. The test center fee is \$150 (FAA regulated and is not included in the price of the class). You will need to pass a TSA background check before receiving your license.

**Gerry Koehler**, is a Commercial Instrument Rated Private Pilot and Captain with the Civil Air Patrol.

**1 Saturday  
 November 3**

**8 am-5 pm  
 Reg. Fee: \$149**



20.0846

## 2-Day Film School: Produce, Write and Direct Independent Feature Films

Anyone can write, produce or direct a feature film or television show once given the basic information. This weekend intensive is credited with launching 1,000s of film careers to include graduates like Quentin Tarantino, Will Smith, Queen Latifah and George Clooney. So bring your idea and learn how to write the great script, budget and schedule the production, finance the project, direct the shoot, secure distribution and launch your film career.

- Producer’s & Director’s Workbook
- Financing & Distributing Directory
- Diploma & Certificate (S&H)



**Dov Simens:** Voted Hollywood’s #1 Film Instructor by the National Association of Film Schools has taught filmmaking at America’s 3 top film schools (USC, NYU & UCLA) and in over 34 nations with graduates who have created feature films that have grossed over \$12 Billion Box Office in the past two decades.

**December 8 & 9**

**Sat-Sun**

**9:00am-6:00pm      Reg Fee: \$235**  
 (this class is off- campus)

**20.0810**

## Negotiation I

### –Getting What You Want

Learn proven techniques which will help you get the things that you want out of life. Learn about your communication style and how to alter it to become more persuasive and less confrontational, as well as how to define positions and interests to clarify your goals and those of the other party. Keep from being intimidated by other people and get respect for your ideas, while maintaining control throughout the process.

Instructor: **Tom Morehouse**

**1 Sunday  
October 21**

**9 am-12pm  
Reg. Fee: \$54**



**20.0811**

## Negotiation II

### –Effective Communication

Learn the delight of powerful and effective communication and negotiation to achieve great results in both the business world and in personal relationships. This class will expand your knowledge by providing some advanced techniques of negotiation, such as bracketing, reframing, fair trade, alternative choice, pros & cons, and closing for decision. You will also learn to use time to your advantage and how to set ground rules and agree on them.

Instructor: **Tom Morehouse**

**Sunday  
October 21**

**1-4 pm  
Reg. Fee: \$54**

**Tom Morehouse** has an MBA from Pepperdine University. He is an adjunct professor for Pierce College and UCLA Extension. He is also a mediator at the Center For Civic Mediation — LACBA.

## Pharmacy Technician

This program prepares students to be professional pharmacy technicians dedicated to quality pharmacy procedures. Graduates are equipped to assist the pharmacist filling prescriptions according to doctor's orders, assisting with payments and billing. Instructor: ProTrain Staff

**Saturdays 9:00am- 3:00pm(30 Min Lunch Break)**

**September 8, 2018 - December 8, 2018**

**64 In Classroom Hours 64 Online Hours**

**Reg. Fee: \$1395.00**

(Materials included in registration fee: Tuition includes Textbook, Internship)

To register for this intensive job training class call us at 800-371-2963 ext. 112 or [mmyers@protrainedu.org](mailto:mmyers@protrainedu.org) for registration instructions.



## Six Sigma Green Belt Certification Prep

**September 29, 2018 - November 3, 2018 Saturday 9:00 am - 3:00 pm**

**September 29, 2018 9:00AM-11:30pm**

**130 Online Self-Paced Hours**

**Reg. Fee: \$1775.00**

The purpose of this course is to prepare students to be an ASQ Certified Six Sigma Green Belt (CSSGB) professional. Students will develop a thorough understanding of all aspects within the phases of D-M-A-I-C. They will also develop an understanding of how to perform and interpret Six Sigma tools and how to use standard principles of Lean.

The content in the certification course will prepare students to take the association industry recognized exam. Please note that the individual state requirements may vary. Students will be responsible to check with their state's governing body for state specific requirements.

**To register for this intensive job training class call us at 800-371-2963 ext. 112 or [mmyers@protrainedu.org](mailto:mmyers@protrainedu.org) for registration instructions.**

25.4001

## Start Your Own Home-Based Business



Home based businesses are the future and they are here to stay! Create a business environment that works for you and gives you endless benefits. Take control of your income! Gain independence and hard earned freedom! Get rid of traffic and office politics! This workshop will give you

step-by-step directions on all the startup procedures you will need, such as:

- Selecting the right business
- Licenses, permits and zoning
- Banking and record keeping
- Sales and marketing strategies
- Image, you and your company
- Legal requirements
- Fictitious name statements
- How to write a business plan
- Tax deductions

**1 Saturday**

**9 am-1 pm**

**November 3**

**Reg. Fee: \$74**

**(Materials included in Registration Fee)**



70.5013

## Become a Professional Organizer

*Learn insider secrets from a professional organizer*

Do label makers and putting things into 3-ring notebooks make you smile? Do you enjoy watching organizing TV shows? You can turn your organizing skills into a moneymaking career! If you have a knack for neatness and are interested in starting your own business, this class will help you launch a career as a professional organizer. Discover insider secrets that could only be acquired through hands-on experience (until now!).

Some of the secrets revealed include:

- Organizing specialties and finding your niche
- Understanding and using the Clutter-Hoarding Scale
- Structuring your business for SUCCESS
- Business licensing and insurance to cover all the bases
- How to get experience before your first stranger client
- Preparing to impress your first client

If you want to use your aptitude for organization to change lives and earn a living, this class is for you. You'll be given the tools and knowledge to succeed as a professional organizer, but will not be shown methods of organizing or how to organize people. (This seminar is NOT for a person wanting to get organized.)

**Nancy Miller** of Rounds, Miller and Associates, has had several home-based businesses, including professional organization services, public speaking, a mail order company and a micro-publishing company. Nancy gives more than 150 presentations each year and has helped people launch successful businesses operated from their home.

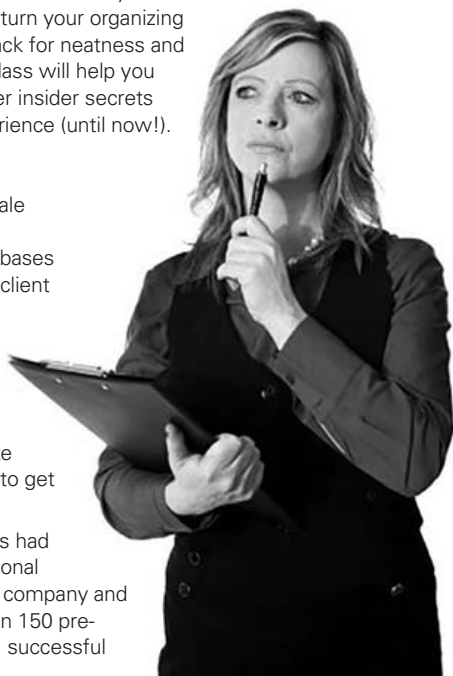
**1 Saturday**

**9 am-12 pm**

**October 20**

**Reg. Fee: \$78**

**A \$30 materials fee for the manual, *How to Become a Clutterologist* (978-1-891440-56-4) is included in Reg. Fee.**



60.9021

## E-Commerce – The Ultimate Home- Based Business



E-commerce sales are growing by 19 percent per year and will reach \$1.4 trillion by 2015!

- Want to get into the lucrative world of e-commerce?
- Afraid of the costs and technical complexity?

If you can use a word processor, you can create your own e-commerce site and have it up and running in less than 24 hours for free.

This class will show you:

- The seven types of e-commerce business
- Where to get a free list of drop shipping suppliers
- The realities of affiliate marketing
- How to incorporate pay-per-click
- How to use drop shipping
- How to create your basic site for FREE

You'll be shown how to build your site, add a shopping cart and sell products along with ways to drive traffic to your site and how to link and list it with the major search engines too.

Mike Rounds of Rounds, Miller and Associates, has been called "One of the country's most knowledgeable individuals on the topic of effectively creating Web sites for businesses." Mike takes complex technological topics and makes them understandable to the non-tech savvy.

**1 Saturday  
October 20**

**9 am-12 pm  
Reg. Fee: \$78**

(The book, E-Commerce is included in Registration Fee.)

20.0814

## Using Your Computer to Make Money

How to start and run a business from your computer

The Internet has enabled people to run a business with low startup costs and high profitability. From information brokers to freelancers to eBay sellers, people have used their computers to build their fortunes.

This class presents more than 120 high-demand business that can be completely run from your home computer. These computer-based business may utilize skills you already have, skills that are easily attained or skills requiring formal training. In this class, you'll gain knowledge in:

- Types of business that use only a computer
- Easy methods for bookkeeping and taxes to make Uncle Sam happy
- Making sense of the legal mumbo-jumbo (sales taxes, business licensure and business structure)
- Making a profit-boosting Web site
- FREE resources that can give you a leg up

This class is NOT an eBay class or a web design class. Both of those topics may be discussed, but not in depth.

**Nancy Miller** of Rounds, Miller and Associates, has had several home-based businesses, including professional organization services, public speaking, a mail order company and a micro-publishing company. Nancy give more than 150 presentations each year and has helped people launch successful business operated from their home.

**1 Saturday  
October 20**

**1-4 pm  
Reg. Fee: \$78**

A \$30 materials fee for the book, Mechanics of Starting a Home-Based Business (978-1-891440-52-6) included in Reg. Fee.

20.0845

## Protect Your Property with Patents, Trademarks, and Copyrights

Business owners, designers, consultants, graphic artists, authors and inventors, do you know how to protect your work? This program explains the process for protecting your ideas and products using patents for your inventions, trademarks for your logos, and copyrights for your written work or graphic arts plus typical contracts to use while conducting your business.

This program provides relevant information in plain, easy to understand language along with access to current forms, contracts, and instructions. Includes a bonus segment for inventors on locating potential licensees and offering their inventions in a safe method.

**Mike Rounds** of Rounds, Miller and Associates, has been called "One of the country's most knowledgeable individuals on the topic of effectively creating Web sites for businesses." Mike takes complex technological topics and makes them understandable to the non-tech savvy.

**1 Saturday  
October 20**

**1-4 pm  
Reg. Fee: \$78**

A \$30 materials fee for the book How to Sell Your Inventions for Cash (978-1-891440-27-4) included in Reg. Fee.

85.0100

## No Days Vacant—No Lost Rent Property Management Anybody Can Co

Did your house not sell and now you've got to rent it out? Are you an "accidental landlord"? Tired of property managers ripping you off? Most people hate the idea of total strangers living in your houses that don't pay on time, call you at 2 am and trash out your property. It doesn't have to be like this. How would you like your residents to?



- Pay the rent before it's due?
- Maintain or even improve your property's value?
- Get along with the neighbors?
- Stay a long time?

Land lording is an invaluable skill because tenants will make you rich. They will pay off your loans for you, protect your property and provide you with a constant and never-ending stream of checks that show up in your mailbox every month. Having a portfolio of rented out houses is the best investment ever—better than annuities, better than stocks, better than gold. In this informative and practical class, attendees will:

- Become skilled at training your tenants to work FOR you
- Learn how to find the neighborhoods where properties rent quickly and easily
- Be surprised at the "no hassle" way of managing properties
- Learn how to find and screen great tenants you can trust
- Uncover simple ways to increase cash flow
- Discover how your residents will do the land lording work for you
- See how to identify the most profitable properties
- Be warned about which home improvements to avoid
- Realize why landlord-tenant laws are so vital
- Utilize powerful, ready-to-use land lording forms
- How to advertise and market your properties at little or no cost
- Turn up little-known tax breaks available to full time or part time landlords

This seminar will show first time and experienced investors how to safely and easily rent out houses with minimal time and effort.

**Steve Dexter** has personally funded of 500 million dollars for thousands of homeowners and investors in Southern California and across the country. He is author of the top-rated book "Real Estate Debt Can Make You Rich" published by McGraw-Hill. He is a distinguished speaker at Harvard Business School, Harvard Law School and their Graduate School of Design. He writes for several national publications and own 27 investment houses, mostly in Southern California.

**(Reg. Fee Includes Materials)**

**1 Saturday  
October 6**

**9:00am-1:00pm  
Reg. Fee. \$79**

## Route 66... The Mother Road With Step-On Guide

Take a journey down memory lane along the "Mother Road," Route 66. Today we are joined by professional step-on guide, who is a history buff with an expertise on the evolution of L.A. As we travel along Route 66, from Glendora to Downtown L.A. our guide will point out landmarks, historical buildings and 'mom and pop' shops that contributed in making Route 66 the "Main



Street of America." Enjoy an included donut at the Donut Man, a treasure for over 40 years that was also featured on an episode of Visiting...With Huell Howser. In Pasadena, marvel at the luxurious estates along "Millionaire's Row" and visit City Hall. Enjoy time at your leisure for lunch on your own in Old Town Pasadena. An included Route 66 soda and time to shop at Galco's Soda Pop Shop – boasting hundreds of vintage soda pops and olde time candies. We continue to downtown L.A. with a visit to Chinatown and an included sweet treat at Grand Central Market.

**Reg Fee: \$89** **Friday, January 18, 2019**  
**Depart LAPC: 8:15 a.m.** **Return: 5:30 p.m.**

## Eat, Pray, Love Holyland Exhibition, Monastery of the Angels & included Canter's Deli Lunch

On this true Los Angeles adventure, we'll explore several of the city's much loved, yet lesser known gems. First, enjoy a two-hour docent-guided tour of the Holyland Exhibition, founded in 1924 by a man rumored to be the real-life inspiration for Indiana Jones. His love affair for the Holyland and the preservation of its ancient past led to a number of expeditions in search of the Golden Ark of the Covenant. Unlike the film hero, he never discovered the Ark but his love affair with the Holyland resulted in an incredible collection of artifacts from Syria, Jordan, Egypt, Cyprus and Palestine – some nearly 2,000 years old. Items range from small pieces such as 5,000-year-old oil lamps, bottles, coins, ivory and silver Mideastern jewelry, and tapestries to a mummy casket dating back to 600 years before the birth of Christ and a 2,700-year-old sarcophagus. Costumed guides will showcase the exhibits and tell the story of the items as they relate to the Bible and ancient traditions and customs. Following, enjoy an included lunch with choice of sandwich at the famous Canter's Deli which has offered an authentic Jewish deli-style experience since 1931. This afternoon we'll visit the Monastery of the Angels, a hidden spiritual oasis in Hollywood where a community of cloistered Dominican nuns create wonderful hand-dipped chocolates, pumpkin bread and other goods for purchase. Suggested: walking shoes (stairs are necessary to access the second level of the Holyland Exhibition).

**Reg Fee: \$79** **Friday, February 22, 2019**  
**Depart LAPC: 8:00 a.m.** **Return: 4:30 p.m.**

## As Seen in La-La Land With Step-On Guide Famous Sites from the Award- Winning Film Griffith Observatory & The SmokeHouse Restaurant

Join a charming Los Angeles step-on guide as we embark on this popular adventure to explore sights featured in the Academy-Award winning movie, La La Land! The film follows the budding romance between Mia, an aspiring actress, and Sebastian, a dedicated jazz musician, as they attempt to chase their dreams in the "City of Angels." Set in modern day L.A., this original musical is a love letter to Los Angeles – in fact the city may be the movie's biggest star. Whether you've seen the movie or not, you'll love the stories behind the scenes as we visit a number of the sights featured in the movie. We begin with a stroll on Pasadena's Colorado Street Bridge – this elegant 1,500-foot bridge built in 1913 was where Mia and Sebastian had a romantic stroll. Our journey continues to Burbank with an included lunch with choice of entrée and delicious garlic-cheese bread at the The SmokeHouse Restaurant – the Christmas-decorated restaurant where Mia first hears Sebastian playing the piano. Built in 1946 adjacent to Warner Bros. Studio, this legendary restaurant is still frequented by movie stars and epitomizes the unique feel of "Old Hollywood." A driving tour of Hollywood Boulevard with a stop to see Hollywood's treasured mural featuring icons of Hollywood's "Golden Age" seated in a movie theatre, eerily staring back at you. This afternoon we'll enjoy time at leisure at the Griffith Observatory – Griffith Park's most recognizable landmark since it was built in 1935 – and its most famous movie location since 1955's Rebel Without a Cause. The recently restored Art Deco building features spectacular exhibits and unbeatable hilltop views. We continue downtown to take a ride on the historic Angels Flight (if operating), and enjoy an included sweet treat from Grand Central Market, housing a multicultural collection of classic and modern food vendors – including Sarita's Pupuseria, which Mia and Sebastian are big fans of in the film.

**Reg Fee: \$99** **Friday, March 29, 2019**  
**Depart LAPC: 8:30 a.m.** **Return: 6:30 p.m.**

## Sparkles and Treasures Mission Inn Festival of Lights With Old Spaghetti Factory Dinner

Join us on this holiday classic as we travel to Riverside to admire the Mission Inn during its nationally-recognized annual Festival of Lights. The Inn is adorned in thousands of beautiful holiday lights and draped in holiday splendor including intricate animated displays. Built in 1903, it has recently been restored to its original splendor. On an extensive docent-guided walking tour you'll see the famed Court of Birds, President Lounge, Glenwood Tavern, the Rotunda, St. Francis' Chapel's Tiffany glass and more. Next, enjoy an included dinner with choice of entrée and dessert at the Old Spaghetti Factory. Later, we'll drive through a highly decorated Rancho Cucamonga neighborhood that goes all out during the holiday season, and is recognized as one of the prize locations in southern California to enjoy outdoor holiday lights! Suggested: walking shoes.

**Reg Fee: \$89** **Thursday, December 6, 2018**  
**Depart LAPC: 1:30 p.m.** **Return: 11:00 p.m.**

## 80.0912

## Introduction to Microsoft Excel

Get more productive and enhance your business skills by mastering Microsoft Excel fundamentals in this hands-on course.

At the end of this course you will know how to:

- Use the Ribbon and keyboard shortcuts to perform Excel commands
- Navigate and select cells in workbooks
- Enter, move, copy, find and replace data
- Create formulas and insert built-in functions to perform calculations
- Apply formatting for fonts, numbers, alignment, cell borders and fills
- Specify page layout and printing options

Please bring a USB drive to copy class exercises for reference after class.

**Chris Murphy** has been helping people master powerful new hands-on computer skills for over twenty-five years by designing, developing and delivering effective learning solutions.

**3 Tuesdays** **6:30-9:30 pm**  
**Oct 2, 9 & 16** **Reg. Fee: \$105**

**Prerequisites:** Before taking this course, you should have basic Windows experience.

**3 Tuesdays** **6:30-9:30 pm**  
**Oct 23, 30 & Nov 6** **Reg. Fee: \$105**

**Prerequisites:** Before taking this course, you should have basic, MS Windows experience.

## 80.0916

## Microsoft Excel Level 2

Take your Excel skills to the next level and get more out of the power of Excel with this hands-on course designed for experienced users.

At the end of this course you will know how to:

- Use advanced formulas and functions
- Create and use Named Ranges in formulas
- Perform calculations with links across multiple worksheets and workbooks
- Filter and sort data
- Create, modify and format charts
- Perform analysis with PivotTables and PivotCharts
- Create macros to automate Excel tasks

Please bring a USB drive to copy class exercises for reference after class.

Instructor: **Chris Murphy**

**3 Tuesdays** **6:30-9:30 pm**  
**Nov 13, 20 & 27** **Reg. Fee: \$125**

**Prerequisites:** Before taking this course, you are recommended to take the Introduction to Microsoft Excel 2010 course or have equivalent knowledge of Excel.

## 80.0918

## Microsoft Excel Level 3 –Excel Charts & PivotTables

This course is for experienced Excel users who want to learn how to effectively analyze, summarize and present data using Excel's powerful Charting tools and PivotTable features. Bring a flash drive to take home your completed class exercises.

**Excel Charts**

- Excel Charting basics
- Adding and rearranging charts data series
- Chart formatting features
- Designing dual-axis charts
- Adding trendlines and forecasts
- Using Sparklines to show trends
- Data visualization with dashboards

**Excel PivotTables**

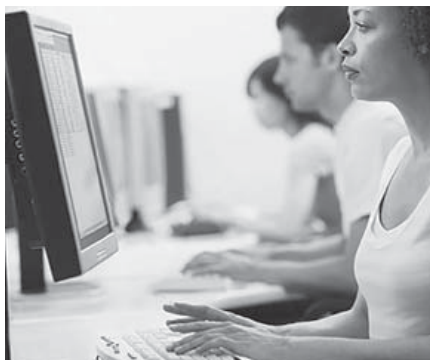
- PivotTable basics
- Using Excel Table features for PivotTables
- Rearranging PivotTable fields
- Using Filters and Slicers
- Adding custom calculations
- PivotTable formatting options
- Designing PivotCharts

Please bring a USB drive to copy class exercises for reference after class.

Instructor: **Chris Murphy**

**2 Tuesdays** **6:30-9:30 pm**  
**December 4 & 11** **Reg. Fee: \$89**

**Prerequisites:** Before taking this course, you are recommended to take Introduction to Microsoft Excel or have equivalent knowledge.



For more information and registration for these workshops call 818-719-6423 or [adultedinfo@piercecollege.edu](mailto:adultedinfo@piercecollege.edu)

## How to Use LinkedIn as a Marketing Tool

Sat., September 29, 2018 12:30-2:30 pm Sat., November 3, 2018 12:30-2:30 pm

Room TBD

Of all the social media platforms, LinkedIn is the premiere tool for business. This workshop will show you how to build your LinkedIn profile, find your audience, and target them to produce revenue for whatever it is you're marketing (even if that's you!).

WHO SHOULD ATTEND: Anyone currently in, about to join or re-enter the workforce.

**Dr. Chaz Austin** has a doctoral degree in Organizational Leadership from Pepperdine University and is passionate about training people to self-market themselves using social media.

## Purposeful Passion: Connecting Your Passion to Your Career

Sat., September 29, 2018 12:30-2:30 pm Sat., November 3, 2018 12:30-2:30 pm

Room: TBD

This workshop will help participants explore their passion and learn how to find the silver lining of their passion in their current careers. This workshop will also help participants with goal setting strategies to reach professional goals. Participants will identify their hard skills that connect them to their passion and the soft skills needed to sell their passion in linking to a career. Participants will be provided with worksheets and additional tools to utilize during and following the workshop.

**Tami Brooks** PsyD is a graduate of Philips Graduate University's School of Psychology with over 10 years of experience in the clinical field as well as organizational management field of psychology.

## Social Media Made Easy

Sat., November 3, 2018 10:00-12:00 pm

Room: TBD

The myriad of platforms (LinkedIn, Facebook, Twitter, Instagram, etc.), can make participating in social media an intimidating process. This workshop will show you how to begin, and how to enjoy using social media to connect with people and learn more about what's going on in the world.

WHO SHOULD ATTEND: People who want to use social media efficiently, especially adults who are technophobic.

Instructor: **Dr. Chaz Austin**.

## Speak Less, Think More

### How to Make Less Emotional Decisions in the Workplace

Saturday, September 29, 2018 10:00 am - 12:00 pm Room: TBD

Saturday, November 3, 2018 10:00 am - 12:00 pm Room: TBD

Learn how to become aware of your thoughts before you verbally express how you are feeling in the workplace. This workshop will provide information on how employees can make decisions in the workplace with less emotional impact that can sometimes become detrimental to business relationships.

Instructor: **Tami Brooks**.

# Free Adult Education

## Geriatric Home Care Basics Room: Village 8320

Date: Wednesdays 3:00 pm – 6:10 pm, 08/27/18-12/16/18

In this non-credit course, students prepare to care for elderly clients in their own homes with focus on basic needs and the skills required including the physical, psychological, and social challenges of the elderly person living at home. Intended for students pursuing an entry-level career as a caregiver.

## Nutrition for Aging Adults Room: ALDER 1003

Date: Tuesdays, 1:00 pm – 4:00 pm, 8/27/18 – 10/06/18

In this non-credit course, students prepare to care for elderly clients in their own homes with focus on basic nutrition including dietary needs of geriatric patients, cultural foods, cooking, and kitchen sanitation. The course is intended for students pursuing a career as a Geriatric Caregiver.

## FREE ADULT EDUCATION PROGRAMS

6201 Winnetka Ave. Woodland Hills, CA 91371  
[www.piercecollege.edu](http://www.piercecollege.edu) • Call 818-710-2586



## Medical Assistant Certificate

**Starts August 27, 2018**

**Program Details:** This noncredit program prepares students to work as a medical assistant in the front and back office environment. Topics covered include administrative procedures, clinical skills, laboratory procedures, medical billing, and more. Upon completion of all requirements, students will earn a certificate of completion.



## Fundamentals of Medical Assisting

**Room: ELM 1700**

**Date: Tuesdays - Wednesday, 1:00 pm – 4:00 pm, 10/9/2018-11/13/2018**

Students are introduced to the role and responsibilities of the entry-level medical assistant. They comprehend and apply essential principles of professionalism, communications skills, medical ethics, legal issues, and basic safety and infection control. Career pathways are also discussed.

## Basic Medical Terminology

**Pathophysiology and Pharmacology Room: Village 8209**

**Date: Tuesdays, 9:00 am – 12:00 pm, 08/28/2018-11/13/2018**

This non-credit introductory course covers the fundamentals of basic medical language. The course discusses common diseases and injuries and their pharmacological treatment using medical terminology.

## Custodial Technician Training Room: North Gym 5600

**Date: Friday 4:00 pm – 7:50 pm & Saturday 9:00 am – 2:50 pm, 08/31/18-10/12/18**

This course will provide students with the knowledge and hands-on training needed to apply for entry-level building maintenance service positions in the public and private sectors. Students will learn and practice basic safety protocols, the use of common custodial tools, and specific cleaning processes for different types of building areas.



## Financial Literacy – Credit Basics Room: Birch 1107

**Date: Saturday 8:30 pm – 1:00 pm, 10/6/18 – 10/13/18**

This course develops a foundation of credit management concepts to enable students to understand credit management, credit risk management, lending objectives, and how to measure credit risk. The course also describes the credit rating systems and discusses the impact of deferred and defaulted education loans on credit scores.

## Financial Literacy – Personal Money Management

**Room: Math 1403**

**Date: Wednesday 8:00 am – 11:00 am, 9/12/18 – 9/29/18**

This course develops a foundation of money management concepts to enable students to understand how to develop a financial plan to meet their educational goals using various strategies: FAFSA, BOGG, scholarships, social fund raising and banking products, such as checking and savings accounts.

## Workplace Success Certificate Program

**Starts in August, 2018 Program Details:** This noncredit program provides students with critical tools and skills to succeed in the workplace. Students will complete self-assessment and plan a career, learning current job search practices, resume preparation, interviewing skills, appropriate verbal and nonverbal communication and workplace etiquette. Upon completion of all program requirements, students will earn a certificate

## Blueprint for Workplace Success Room: Birch 1100

**Date: Friday & Saturday, Fridays 4:00pm – 7:00 pm, Saturdays 9:00am-12:00pm, 08/31/18-10/06/18**

This noncredit class is designed to provide students critical tools and skills for workplace success. The topics covered include, but are not limited to, self-discovery time and stress management, job search, resume preparation, interviewing skills, workplace realities, communication and maintaining a job. Upon completion of this course, students will have a plan for immediate and long-term actionable goals.

## 30 Ways to Shine as a New Employee

**Date: Saturdays, 9:00 am – 3:00 pm, 10/20/18-10/27/18 Room BIRCH 1100**

**Date: M, Tu, Wed, Thurs, 9:00am- 12:00pm 09/24/18-09/27/18 Room VILLAGE 8201**

This noncredit class is designed to provide students critical tools and skills for workplace success. The topics covered include, but are not limited to, self-discovery time and stress management, job search, resume preparation, interviewing skills, workplace realities, communication and maintaining a job. Upon completion of this course, students will have a plan for immediate and long-term actionable goals.

53.3008

## Master Your Investments

*Learn how to invest more intelligently and profitably so that you may secure your financial future!*



Topics will include how to:

- Construct an investment portfolio designed to help you achieve your personal financial goals
- Gain an understanding of stocks, bonds, mutual funds, tax-deferred annuities, life insurance and long term care insurance
- Evaluate which of these investments can maximize returns, minimize risk, and lower your taxes
- Create diversification through REIT's, gold and other commodities
- Read the financial pages and understand the language of the stock market
- Recognize the common characteristics shared by successful investors

This class is a must if you invest, or are thinking of investing in an IRA, tax-deferred annuity, gold, stocks, bonds, or mutual funds!

**Jalon O'Connell** is a registered investment broker with National Securities.

**1 Tuesday & 1 Thursday**  
**Oct 23 & 25**

**6:30-9:00 pm**  
**Reg. Fee: \$59**

53.3001

## Stocks-Bonds-Mutual Funds (ETFs):

### *What They Are & How They Work*

This course is perfect for those who want to learn more about the stock, bond, and ETF's markets and how they work. Topics covered will include how to read the financial section of the newspaper, what influences the prices of stocks, bonds, and mutual funds; load and no-load mutual funds; how interest rates can effect your financial well-being; and how to manage investment risk. We will also discuss how ETF's or alternative investments can increase your yield and reduce your volatility and investment risk. The course will highlight issues such as stock and index options, domestic and global stock markets, new and "hot" issues, selling short, tax-free bonds, buying stock on margin, how the stock exchanges work, dollar cost averaging, how to read a typical account statement, retirement plans (IRA's, SEP-IRA's, Roth IRA's, 403B's, 401K's, Annuities) and how market prices respond to news. Several stock market theories are discussed and explained.



Instructor: **Jalon O'Connell**

**2 Saturdays**  
**Oct 13 & 20**

**9:30 am-12:30 pm**  
**Reg. Fee: \$69**

53.3010

## Retirement Planning Today

This hands-on workshop is a practical way for either retirees, or people contemplating retirement, to evaluate and judge investment choices. Using real-life cases, attendees can learn the mechanics and potential returns of stocks vs. bonds, mutual funds and annuities, CD's, REIT's, etc. This class will also include strategies and techniques designed to help you:

- Learn if you can afford to retire and project your retirement income needs
- Evaluate Social Security options and strategies still available
- Maximize your investment income potential without unnecessary risk
- Build and protect your retirement nest egg
- Increase the returns of your portfolio with safety
- Evaluate which investments and asset allocation may be suitable for you • And much more!

This workshop is for anyone who invests or is thinking of investing in IRA's, 401k's, 403b's, stocks, bonds, insurance or mutual funds.

**Jalon O'Connell** is a registered investment broker with National Securities.

**1 Tuesday**  
**November 13**

**6:30-9:00 pm**  
**Reg. Fee: \$54**

60.9024

## Meditation to Reduce Stress and Increase Joy

Studies have shown that meditating regularly for just six weeks can reduce anxiety and stress and activate the immune system. Meditation can increase your overall sense of wellbeing, help you sleep and it can even improve your ability to concentrate. There are countless meditation styles and everyone can learn to meditate. This course will give you an opportunity to try various meditation styles to see what works for you. Each week you will get an overview and history of meditation, how and why it works as well as plenty of time to explore the various techniques. Meditation styles include Mindfulness, Reflective Meditations, Concentration Meditation and Guided Imagery. Stressors are a part of life. It is how we react to them that makes all the difference. Meditation will help you to respond rather than react to life. Your spirit and your body will thank you!

**Staci Mintz** has a MA in Spiritual Psychology for the University of Santa Monica and has been facilitating and teaching various mediation groups for over 10 years.

**4 Thursdays**  
**6:00-7:30 pm**

**October 4- 25**  
**Reg. Fee: \$54**

60.9008

## Personalized Make-Up Techniques:

Silky foundation, primers, stenciled eyes, blending and more. A supervised visit to a beauty supply store will be included in this class. This is a hands on workshop like no other! Raquel will teach you seasonal techniques and tips, including contouring, stenciled eyes and silky foundation. Students can expect to learn Raquel's personal guide to a flawless application! Are you interested in updating your current look? Don't know where to start? This workshop will change the way you approach makeup! This A to Z personalized makeup applicatio workshop fills up fast as seating is limited. Register now. Please bring a stand up mirror, a small bottle of water and your own make up to class.



**Raquel Fournier**

Visit our website for a detailed supply list.

[http://extension.piercecollege.edu/FAQ/SUPPLY\\_LIST\\_FOR\\_PERSONALIZED\\_MAKE\\_UP\\_TECHNIQUES.aspx](http://extension.piercecollege.edu/FAQ/SUPPLY_LIST_FOR_PERSONALIZED_MAKE_UP_TECHNIQUES.aspx)

**Raquel Fournier** was born in Venezuela, and eventually moved to the United States. She is a model, beauty pageant winner and has a degree in marketing. She has done TV commercials, voice overs and often works as a pageant coach.

**5 Saturdays**  
**Sept 29 - Nov 3**  
**(No class on Oct 27)**

**9 – 11 am**  
**Reg. Fee. \$71**

59.0704

## Dog Obedience Training Can Be Fun!

In this 6-week class, you and your dog will work on basic obedience commands such as "sit, lie down, stay, stand, come, leave it, to heel nicely on a leash and meet other dogs and people in a mannerly fashion." In addition, you will learn different dog sports activities like "agility with jumps, tunnels and weave poles, competition obedience/rally exercises, nose work searching and even many types of dog tricks. With some practice, you will gain more confidence working with your dog, and you may even be amazed how much fun you can have together.

**Prerequisite:** The dog must be at least 4 months old and have current vaccination. Please bring your dog to the first class with any collar and 6 foot leash you normally use, but no flexi leashes, plenty of tasty treats (dog or human kind, cheese, hot dogs, chicken, steak, etc.) and a toy if they are so inclined.

**Laurie Burnam** has been teaching dog training in te LA and Ventura area for 20 years, competing in agility, herding, obedience and rally competitions, earning many titles, awards and ribbons with her Australian Shepherd dogs. Previously she trained horses and riders for 35 years, also competing in western style horse shows.



**Laurie and Scusi**

**6 Mondays**  
**Oct 1- Nov 5**  
**6 Mondays**  
**Oct 1- Nov 5**

**6:00-7:30 pm**  
**Reg. Fee: \$81**  
**7:30-9:00 pm**  
**Reg. Fee: \$81**

## 70.5001

### Acupressure and Holistic Healing

Learn the basics of Chinese healing as it relates to acupressure massage. Focus will be on self-massage and specific points to use for common problems such as energy, mental clarity, etc. You will learn approximately fifteen acupressure points you can perform on yourself, the concept of Chi, Acupressure Meridians, Yin and Yang and all of your questions will be answered on Chinese and holistic medicine. You will also learn a basic head and neck massage technique to perform on yourself or a friend. This technique works wonders for sore shoulders and migraine headaches. (No partner is necessary for the class.)

**Randy W. Martin**, PhD, OMD, LAc, Graduate of the California Acupuncture College and SAMRA University of Oriental Sciences, post graduate training and experience in nutritional counseling, herbal and homeopathic medicine.

**1 Tuesday  
October 23**

**7:30-9:30 pm  
Reg. Fee: \$48**

## 17.0309

### Street Smarts Survival Skills (14 yrs. & up)

—Self Defense for Women, Men and Young Adults

In America...

Every 2 minutes a woman is being attacked and/or sexually assaulted. Every week a transgender person is murdered.

Annually, over 200,000 children are kidnapped for commercial and sexual exploitation. YOU need to have skills to protect yourself and loved ones. Predators do their homework and have their skills down. Do you know what to do when attacked? Learn how to attack the attacker, know where the vital points and soft targets are to make space, or close the gap to instantly stop any attacker in seconds. In this course, you'll learn quickly, how to adapt to any situation even if you're out of shape with no experience in martial arts.

Instructors: **Spice Williams-Crosby, Jennifer Silverstein** & I FIGHT FOR MY LIFE! Team

Actress/Stuntwoman/Martial Artist Black belts in Arjukkanpo, Eskrima, Belted in Krav Maga, Certified Level B KAPAP & Level C GIKA, Certified Level B in Israeli KAPA & GIKA, Certified in Security Defensive Tactics, Inc. Certified in Security Defensive Tactics, Inc.

**1 Sunday  
October 14**

**11:30 am-4:00 pm  
Reg. Fee: \$65**



## 70.5009

### CPR for Community Members for Medical Providers

This lecture/demonstration Standard CPR class includes:

- Practice on a mannequin
- Infant, child, adult and two-person CPR
- Mouth to mask use
- Choking procedures

Completion cards issued upon completion of class. This class may be taken by medical & general public.

**Jenn Tyler** is a Red Cross Certified Instructor.

**1 Saturday  
October 20**

**10 am-1 pm  
Reg. Fee: \$ 65**

## 60.9022

### Remodeling Your Kitchen and Bathroom

—The good, the bad and the ugly

Have you been thinking about remodeling but don't have a clue what you may be up against? Learn from veteran expert in the field, Yvonne Landivar as she unravels the reality of figuring out a realistic budget, and explain the steps necessary to be a savvy consumer when it comes to starting and completing your kitchen and bath remodel projects and learn what it will take to get your project running smoothly from the start, why it's important to know the different kinds of products and cabinets available, what is really hiding behind that really low bid, and how to save where it matters.

Topics include:

- How your investment money should be allocated
- Why it's never too early to begin shopping for cabinetry
- How to avoid the pitfalls of a first time remodel
- How to interview a contractor
- Why it's necessary to learn about cabinet construction
- Tricks that will save you money and offer added value to your home

Kitchen and bath designer and contractor, Yvonne Landivar, has been designing in the LA metro and Valley areas for over 15 years. She's a Licensed General Contractor and has been featured on "Designer's Challenge HGTV" and "House Hunters Renovation."

**6 Tuesdays  
October 2-Nov 6**

**6:30pm-8:30pm  
Reg. Fee: \$ 89**

100.0101

## Conversational Spanish – Beginning I

¡Si, hablo Español! Learn to communicate with people whose native language is Spanish. This class will emphasize listening and speaking skills as well as comprehension. Aprenda a escuchar, entender y hablar Español.

**Michael Hughes** has over 35 years of teaching experience. He has taught for the Reseda Community Adult School and West Valley Occupational Center. Michael is the author of Fun Pronunciation Practice in Spanish.

<b>6 Mondays</b>	<b>7-9 pm</b>
<b>October 1-November 5</b>	<b>Reg. Fee: \$88</b>
<b>6 Tuesdays</b>	<b>7-9 pm</b>
<b>October 2- November 6</b>	<b>Reg. Fee: \$88</b>



100.0102

## Spanish – Beginning II

Designed for the student who has had a least 6 weeks of beginning Spanish. You will build on the skills you have in order to develop a better understanding and use of Spanish.

Instructor: **Michael Hughes**

<b>6 Wednesdays</b>	<b>7-9 pm</b>
<b>October 3-November 7</b>	<b>Reg. Fee: \$88</b>

100.0301

## Beginning Conversational Italian



Planning a trip to Italy? Have you wished you could speak and understand Italian? This is the class for you. This course offers students the basic tools needed to successfully understand and communicate in Italian. Students will be introduced to the fundamentals of Italian and will build and practice a functional everyday vocabulary. Classes are based upon colloquial Italian linked to grammatical rules, explanation, written exercises and discussions.

Textbook: "Learn Italian the Fast and Fun Way "by Marcel Danesi- Barron's 3rd Edition – (Available on Amazon)

**Manuela Terenzi** is a native speaker of Italian who completed her education in Milano, Italy. She has successfully taught Italian for more than ten years at different institutes and colleges.

<b>6 Tuesdays</b>	<b>6-8 pm</b>
<b>October 9-November 13</b>	<b>Reg. Fee: \$88</b>

100.0302

## Bentornati Cari Amici!!

If you have some previous knowledge of Italian and wish to improve and expand your conversational skills, this is the class for you! Communication skills, reinforcement of Present Tense, Past Tense, prepositions, vocabulary, reading and pronunciation will be emphasized.

Textbook: "Living Language – Ultimate Italian- Beginner Intermediate " by Bancheri and Lettieri – (Available on Amazon)

Manuela Terenzi is a native speaker of Italian who completed her education in Milano, Italy. She has successfully taught Italian for more than ten years at different institutes and colleges.

<b>6 Mondays</b>	<b>6-8 pm</b>
<b>October 8-November 19</b>	<b>Reg. Fee: \$88</b>
<b>No class on November 12</b>	

100.0603

**Chinese/Mandarin For Everyone – Beginning**

Learn everyday Chinese/Mandarin through the Pinyin System – a quicker and easier approach to grasp the Chinese Language in a short period of time. Focus will be on spoken Chinese that is needed for travel, business and everyday life. Open to complete beginners.

Janie Chien Golden is fluent in Chinese/Mandarin. She is a Mandarin Coach especially for actors. She got her B.A. at Cal State L.A. She teaches Chinese for beginning, intermediate, and advanced levels. Janie has written her own textbook to suit the needs of her students in learning Chinese for today's usage.

6 Tuesdays

6-8 pm

October 2-November 6

Reg. Fee: \$88

Textbook – Janie Chien Golden, "Golden Chinese: A Golden Key for Entry" (vol. 1)

ISBN39780615711713 Available at Amazon.com

100.0502

**Accent Reduction – Intermediate/Advanced**

This class provides intermediate to advanced instruction in the English language arts for the second language learner. Gain confidence as you start to speak English more clearly by improving your diction and pronunciation. Increase your English oral communication skills by practice in conversation and pronunciation. The instructor will address the individual needs of each student to assist them in overcoming difficulties and improving their oral communication and language arts skills.

Prerequisite: Completion of intermediate English instruction and ability to speak English.

Instructor: **Edward Chamourian**

6 Wednesdays

6:30-8:30 pm

October 3- November 7

Reg. Fee: \$88



100.0501

**English for the Foreign Born – Intermediate/Advanced**

Increase your English oral communication skills by practice in conversation and pronunciation and by reading aloud. Develop your vocabulary and knowledge of English grammar and become more comfortable using the English language.

Instructor: **Edward Chamourian**

6 Thursdays

6:30-8:30 pm

October 4- November 8

Reg. Fee: \$88

100.0505

**English for the Foreign Born – Beginning**

Learn English basics! Grammar, Pronunciation, Vocabulary and more. In this class, we will learn and practice the English language at a beginner level for people who do not speak English as their first language. The instructor will see the needs of all his students and help them build a good foundation for the English language journey.

Instructor: **Edward Chamourian**

6 Tuesdays

6:30-8:30 pm

October 2 – November 6

Reg. Fee: \$88

# Five Easy Ways to Register

**BY MAIL:** Complete registration card(s) and mail with SEPARATE CHECK\* OR MONEY ORDER per class, or include a credit card number. Please enclose one stamped, self-addressed #10 envelope to help expedite processing. One person per card please

**BY FAX: 818-610-6517** Complete registration card(s) and BE SURE TO INCLUDE YOUR CREDIT CARD INFORMATION. YOUR REGISTRATION CANNOT BE PROCESSED WITHOUT IT. One person per card, please.

**IN PERSON:** Office hours are:

**Monday – Thursday 10 am - 6 pm**

**Fridays – 9 am - 1 pm**

Hours are subject to change during holidays and school vacations.

**BY PHONE:** 818-719-6425 You may register by phone using VISA, MASTERCARD or DISCOVER only. Phone hours are:

**Monday – Thursday 9 am - 6 pm**

**Fridays – 9 am - 4 pm**

**ONLINE:** Just click and go!!!  
<http://extension.piercecollege.edu>

**\* PAYING BY CHECK:** The Los Angeles Community College District requires either a California Driver's License Number, California ID Number, or Social Security Number to be written or printed on the check at time of registration. We are not able to accept checks that do not have a PRINTED name and address.

**\*\*EMAIL ADDRESS:** Please include your email address. Your receipts and confirmations will be emailed to you. If you do not have email, you will receive a hard copy of the information

Send to: Pierce Extension, 6201 Winnetka Ave., Woodland Hills, CA 91371 (Include self addressed stamped envelope) or Fax to 818-610-6517

# Pierceextension

PIERCE COLLEGE COMMUNITY EDUCATION

## REGISTRATION FORM

Student Name \_\_\_\_\_

Today's Date \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Business Emergency \_\_\_\_\_

Cell \_\_\_\_\_

Email Address (Please print clearly) \_\_\_\_\_

Student Birth Date (required) \_\_\_\_\_

Parent's Name (for Child's class only) \_\_\_\_\_

CLASS#	CLASS NAME	START DATE	START TIME	REG FEE
<b>TOTAL</b>				

Method of Payment:

- Visa \_\_\_\_\_ expires mo./yr. \_\_\_\_\_ 3-digit code \_\_\_\_\_ (on back of credit card)
- MasterCard \_\_\_\_\_
- Discover \_\_\_\_\_
- Check (payable to LAPC) \_\_\_\_\_
- Cash \_\_\_\_\_
- Authorized Signature \_\_\_\_\_  
 I have read and understand the refund policy \_\_\_\_\_

# REGISTRATION

## Paying by Check

The Los Angeles Community College District requires either a California Driver's License Number, California ID Number, or Social Security Number to be written or printed on the check at time of registration. We are not able to accept checks that do not have a name and address printed on them.

## Traffic Regulations

All persons driving a vehicle onto Pierce College campus are required to comply with the traffic laws of the State of California and the rules & regulations of California Vehicle Code. Violation of laws, rules or regulations may result in a citation.

## Class Materials

Bring the items or materials specified in the class description and on your class confirmation. Materials fees will either be included in the registration fee, or payable at time of registration. If there is a material or supply list, you can get that from a link on the class description or class confirmation. You can also access the materials list in the "questions" section of our website. Allow enough time to order any required books or pick up required material before your class



## Cash, Check or Charge

Make all checks & money orders payable to LAPC. We accept DISCOVER, MASTERCARD or VISA only.

## Refund Policy

- If a student elects to drop a class, a request for refund must be made to our office at least 3 working days prior to the first class or 5 working days prior to computer class or tour date unless otherwise specified. THERE WILL BE NO REFUNDS AFTER THIS DATE OR AFTER A CLASS HAS BEGUN. Failure to attend class does not warrant consideration for a refund.
- There is a \$5, \$15, \$20, or \$25 drop fee OR a \$50 non-refundable deposit per person per class when a student elects to drop a class. Please refer to class confirmation slip for exact charges.
- If class is canceled by LAPC Extension, please send your receipt to our office as soon as possible for a full refund or the class registration fee.

## Age Requirements for Children's Classes

When registering your child in an extension class, please remember that the youngster must be within the age limits identified for each class. Children will be dropped from class (without refund) if they do not meet the age requirements. Most adult classes have a minimum age requirement of 18.

## Drop-Off/Pick-Up of Children

Parents are urged to park and walk their children to and from class. Stopping in red zones or other No Parking/No Stopping zones may result in a citation. Children may not be left unattended before or after class, but must be dropped off shortly before class start and picked up promptly at class end. Please help to ensure the safe arrival and departure of your children.

## Parking

A parking permit is required whenever you park on the Pierce College campus, Monday through Friday. Permits are available in the Extension Office in person or by phone, and are only sold to those enrolled in an Extension class. You may also purchase a 1-day parking pass at the meters located in major student parking lots.

## Smoking Policy

In compliance with LA City ordinance LC 6403:LACCD/BR 2419, there are 20 designated smoking areas located on campus. In order for Pierce College to avoid an absolute ban on smoking on campus by the LA City Attorney's Office, smoking on campus is prohibited outside of these designated areas. Violation of this policy may result in a citation and fine.

## Travel Information

Unless otherwise noted, the minimum age limit for all travel events is 18. Payments are due in full at the time of registration. Cancellations will be granted if received 10 days prior to trip departure. Refunds will be given only if the space can be re-sold by the Pierce Extension office. You may send a substitute in your place with the permission of Pierce Extension. When approved, a refund less the drop fee will be granted.

You will be required to sign a liability release waiver on the bus prior to departure. Los Angeles Community College District requires that all travel participants have their own medical/accident insurance coverage should the need arise –

**The District will not provide this coverage for you.**



## Fax-In Registration

Because of the large volume of registrations received by this office, we do not confirm fax receipts by phone. However, please be sure to include your phone number and email address on the registration form in the space provided should the office need to contact you for any other reason.

Please fax registrations **ONLY** once, as subsequent faxes cannot always be detected and may result in duplicate processing and charges.

## Locations

Many Community Services classes are held off-campus. Exact locations will be provided upon registration. If location is critical, please check with our office before registering.

## Schedule Changes

Times, dates, fees, locations, instructors, and methodology for classes are subject to change and DO NOT warrant a refund.



## Returned Checks

A **\$10 RETURNED CHECK CHARGE** is assessed for **EACH CHECK** returned to the L.A.P.C. Business Office unpaid by the bank for any reason. A **STOP PAYMENT ORDER** on a check **DOES NOT** constitute an official withdrawal nor does it relieve the student's financial obligation for a class. **PLEASE FOLLOW REFUND POLICY PROCEDURES TO AVOID ADDITIONAL CHARGES.**

## Directions to Pierce College

Pierce College is located in Woodland Hills, in the western San Fernando Valley, just north of the Ventura Freeway.

- From Los Angeles and areas east of the college: Take the Ventura Freeway (101) west to the Winnetka Avenue offramp. The campus is located .7 miles north of the freeway on the west side of Winnetka Avenue.
- From Agoura, Calabasas and Thousand Oaks: Take the Ventura Freeway (101) east to the Winnetka Avenue offramp. The campus is located .7 miles north of the freeway on the west side of Winnetka Avenue.
- From the north San Fernando Valley: Pierce College is located on the corner of Victory Boulevard and Winnetka Avenue. Winnetka Avenue is located west of Corbin and east of De Soto.

## Confirmations

Your registration confirmation will be emailed to the email address you provide us once you are enrolled. A stamped, self-addressed business-size envelope is requested to receive payment receipt and room location by mail. If you register for a class and you do not receive a confirmation or the room location, please either check your online student profile, or call the Pierce Extension office at 818-719-6425. It is your responsibility to obtain this information once you have submitted your registration for a class.

**Non-receipt of confirmation does not warrant a refund.**

## Cancellations

A class may be **CANCELLED** by the Extension office if fewer than the required minimum number of students enroll. Participants will be contacted by phone and refunds will be issued as soon as the **original register receipt** and **charge slip** (if applicable) are received. You may transfer to another class in lieu of a refund.

## Standards of Conduct

Disobedient, disruptive or disorderly behavior exhibited by any student or parent of minor student will result in disciplinary action in accordance with District policies and procedures. Action may include, but is not limited to, expulsion from class or permanent expulsion from the Pierce Extension program. Any student or parent displaying such behavior will be requested to remove their child from class. Pierce College reserves the right to refuse service to anyone for any reason including, but not limited to, violation of LACCD Standards of Conduct as stated in Board Rules 9803 – 8905. There will be no refund for expulsion from class.

## Directions to LAPC Extension

### Office of Community Services

- Visitors please enter at the Calvert/Winnetka Avenue entrance. Proceed to the stop sign and turn right into Parking Lot 1.
- Park in the 30 minute zone. You must purchase a parking permit from the meter.
- Parking on campus without a valid permit is prohibited and may result in a parking citation. It is YOUR responsibility to obtain a parking permit.

**You may purchase parking by phone if you are registered in an Extension class. Call (818) 719-6425 for more information.**

# Five Easy Ways to Register



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Student Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Business Emergency \_\_\_\_\_ Cell \_\_\_\_\_

Email Address (Please print clearly) \_\_\_\_\_ Student Birth Date (required) \_\_\_\_\_ Parent's Name (for Child's class only) \_\_\_\_\_

CLASS#	CLASS NAME	START DATE	START TIME	REG FEE
				<b>TOTAL</b>

Method of Payment: \_\_\_\_\_ expires mo./yr. \_\_\_\_\_ 3-digit code (on back of credit card)

Visa

MasterCard

Discover

Check (payable to LAPC)

Cash

Authorized Signature \_\_\_\_\_

I have read and understand the refund policy

120.0101

## Adventures in Watercolor – Beginning

Beginning watercolor is about the basics of traditional approach to this medium as set down by the masters.

The class will include:

- Washes: How to make solid, graded and layered washes which are central to watercolor
- Values (tone): How to apply washes to an actual painting
- Composition: How to compose a picture
- Use of photos as reference: How to create a spontaneous impression
- Introduction to color: How to mix colors
- Painting pictures: Continue the journey of color



(A materials list available upon registration, through the extension office or in the “Questions” section of our website.)

Instructor **Charles Knecht**

6 Thursdays 7:00 pm-9:00 pm  
Reg. Fee: \$99 October 4- November 8

120.0202

## Rough Sketch to Finished Drawing – Beginning Drawing

In the beginning class you will learn about capturing the essence of a subject in moments with a rapid sketch that you will develop to a finished line drawing. Quick sketches help the student to see more accurately by concentration on the whole subject(s) rather than details.

(A materials list available upon registration, through the extension office or in the “Questions” section of our website.)

**Charles Knecht** was born in NYC. He attended the High School of Art and Design, then went on to the School of Visual Arts, where he studied with Byrme Hogarth and John Gundefinger. His paintings have been exhibited across the United States, England, Germany and Spain.

6 Tuesdays 7:00pm-9:00 pm  
Reg. Fee: \$99 October 2- November 6

120.0109

## Painting in Acrylic (15 yrs.-adult)

Find your hidden talent as an expressive painter in acrylic medium. This course covers the fundamentals, but encourages imaginative and creative individual expression. Start your journey and enjoy a hobby for a lifetime.

**Margo Gravelle** as a painter and instructor has helped many discover hidden talents and develop skills in the hobby of painting.



6 Tuesdays 6-8:30 pm  
October 9- November 13 Reg. Fee: \$99

(A materials list available upon registration, through the extension office or in the “Questions” section of our website.)

120.0501

## Digital Photography Basics I

The essentials of digital photography basics are taught in a newly expanded three meeting format. Students will learn the various functions and modes of the digital camera and the creative applications of that knowledge. In class shooting demonstrations will reinforce the student’s knowledge of the three elements comprising exposure. Students must have a digital point and shoot, hybrid, or DSLR with modes available for class use.

Instructor: **James Mahoney**

3 Wednesdays 7-9 pm  
September 26-October 10 Reg. Fee: \$85

120.0502

## Digital Photography Basics II –Visual Communication

The essentials of visual communication through the digital photography medium. Students will learn the basics of composition, elements of design, and lighting to achieve creative results. Students must have a digital “point and shoot” with modes or “SLR” camera available for use.

Instructor: **James Mahoney.**

2 Wednesdays 7-9:30  
October 17 & 24 Reg. Fee: \$70

120.0503

## Digital Photography Basics III – Focal Lengths to Filters

Explore the visual effects of various focal lengths and filters and their creative applications. Students will learn how to create dramatic perspectives through selection of lens focal length from wide angle to telephoto. The use of filters to enhance image quality and creativity will be discussed. Students will learn the art of constructing filters from everyday household items. Student must have a digital “point & shoot” or SLR camera available for use.

**James Mahoney**, BFA Photography, is a graduate of Brooks Institute of Photography and has instructed classes at Calumet University, City of Santa Clarita, Columbia College Hollywood, University of Judaism, and the University of Nevada Las Vegas.

2 Wednesdays

7-9:30 pm

Nov 7 & 14

Reg. Fee: \$70

120.0004

## Calligraphy – Gothic Old English /Gothic/ Blackletter

is the script that was used for liturgy and in court from the twelfth to the fifteenth centuries. It is characterized by heavy black vertical lines and close spacing. When dignity, elegance and ornamentation are desirable, elaborate initials are used.

# Old English

**Shirley Frankel** is a credentialed Fine Arts Teacher and Calligraphic Artist with over 20 years of experience. Her clients include The Ahmanson Foundation, The Getty Museum, L.A. County Museum of Art, and The Museum of Television and Radio

6 Saturdays

10 am-12 pm

October 13-December 1

Reg. Fee: \$92

(No Class on Nov 10 & 24)

120.0702

## Ikebana Sogetsu

Ikebana is the beauty and simplicity of floral arrangements to complement your home. It is the entrance to a rich and creative world. Using fresh or dried branches, leaves and/or flowers, students will create a new and different arrangement each week to take home and enjoy. The first week’s lesson will encompass a demonstration by the teacher and instructions for supplies and materials to bring to future classes. Each following lesson will include a demonstration by Mrs. Kassarian followed by your creation of an individual flower arrangement.



4 Saturdays

9:30-11:30 am

October 27-Nov 3, 17 & Dec 1 Reg. Fee: \$200

(no class 11/10 & 11/24) 28

(+\$25 textbook fee for new student’s payable through the extension office)

(Flowers included in registration fee)

**Kyoko Kassarian** has been granted the highest degree, Riji, by the Sogetsu School of Ikebana in Japan. She has received numerous awards in both the United States and Japan, and her arrangements have been featured in newspapers and magazines.

120.0403

## Mosaics – Beginning

In this basic mosaics class, students will learn how to begin to create pictures and patterns through assembling a variety of stones, china pieces, glass and other small pieces of materials. Students will complete a simple two dimensional project that includes grouting while learning the various ways to cut and position the pieces in order to enhance the flow or movement of their mosaic artwork.



**Karen Silton** has been a full time professional artist for over twenty years and a mosaics educator since 1998. Her mosaics have been exhibited and sold in high end juried art shows and galleries across the country. She has

had many mosaic commissions that include tables, mirrors and various size murals.

3 Thursdays

6-9 pm

Nov. 1, 8 & 15

Reg. Fee: \$122

(Materials included in registration fee)

142.6007

## Improvational Acting

Whether you're an actor or are simply interested in the craft, tap into your "kid" energy with improvisational acting! Through a series of games, exercises and scenes, you will heighten your focus, strengthen your listening, concentration and reactionary skills, and build confidence. You'll even learn how to respond to situations with humor. Come join the fun and enhance your natural creativity in this uplifting class. Adults 18 & over only. **Class is interactive and involves a lot of physical movement.**



**Tim Simek** is a working actor, director is a working actor, director, producer as well as improv performer with 25+ years experience in the entertainment industry. Besides numerous film, TV, web series and stage credits, he is the founder/owner/director of the L.A.-based comedy improv group, Slow...Children at Play (S...CAP). S...CAP, the award-winning improv group that Simek founded in 1998, performs regularly in North Hollywood and won 2018 Best Comedy Club per the L.A. Voter Hot List. S...CAP also

won the 2017 Valley Theatre Award for Best Improv Show and the 2016 Valley Theatre Award for Best Ensemble-Improv. Tim has been teaching at Pierce since 1998 and many of his students have booked national commercials as well as feature film and TV roles.

**5 Wednesdays** **7-9:30 pm**  
**October 3-November 7** **Reg. Fee: \$89**  
**(no class on 10/31)**

30.0811

## An Introduction to Voiceovers... (Getting Started in Voice Acting)

"Wow, you have a great voice!" Have you heard that? More times than you can count? Or maybe you listen to your favorite audiobooks, commercials, or cartoon characters and think, "I could do that!" If so, then you could have what it takes to begin working as a professional Voiceover Artist. Explore the voiceover industry with your instructor, a professional, working voice actor from the voice acting training company, Voices for All. Discover current trends in the industry and how they make it easy and affordable for just about anyone to get involved. In this one-time, 2 hour introductory class, you'll also learn about the different types of voiceovers and the tools you'll need to find success. And then . . . we're rolling! Your instructor will take notes on your performance so you can receive a professional voiceover evaluation later. After the class, you will have the knowledge necessary to help you decide if this is something you'd like to pursue. 18 and over. You owe it to yourself to finally explore the possibilities of this fun and rewarding job.

**Eric Smies**, Intro Class Instructor, has been a professional voiceover actor since 2002 and is very happy to be here with Voices for All. Starting off as a stage actor performing in shows from Shakespeare to Guys and Dolls all across the country, he decided to take a break from the "road". He went through a coaching and training program in Chicago, had his demo produced, started his voiceover career and never looked back, enjoying every time he was able to get in the studio and play. He's done voiceover work for companies like KFC, Subaru, AT&T, Walmart, Public Storage, Best Buy, XBOX, Lifetime Fitness, Culvers and Oscar Myer among many others. Eric is eager to share his knowledge of voiceover and the industry, as well as his vast array of professional experiences, and to have some fun getting YOU excited about it. Because, really, fun is the name of the game".

**1 Thursday** **6-8 pm**  
**November 8** **Reg. Fee: \$58**

142.6020

## Beginning Ukulele – Level 1 (10 years to Adult)

Learn fundamental skills to get you playing ukulele in this entertaining, hands-on class. We'll work on rhythm, strumming patterns and some finger picking. With a few basic chords you can play along with others and accompany yourself on a multitude of songs. Learn to find the right key for your voice and where the notes are on the fret board. Bring your own ukulele.

**Dale La Duke** is an award winning singer- songwriter, guitarist, and ukulele performer. Class is limited to 15 students.

**6 Thursdays** **6:30-7:30 pm**  
**October 4-November 8** **Reg. Fee: \$89**

142.6022

## Beginning Ukulele – Level 2 (10 years to Adult)

You've got the basics down, now you're ready to learn more advanced techniques in strumming and chord progression. Hone your skills and have fun in this Level Two class. Prerequisite: a rudimentary knowledge of ukulele is required.

**Dale La Duke** is an award winning singer- songwriter, guitarist, and ukulele performer. Class is limited to 15 students.

**6 Thursdays** **7:30-8:30 pm**  
**October 4-November 8** **Reg. Fee: \$89**





## 142.6025 Harmony Singing

Ever tied to sing harmony in a group or choir but found it difficult if not impossible? Do the other voices around you pull you to their note? Or do you just love to sing?! Award winning singer/songwriter/ Instructor Dale LaDuke will show you how to isolate the different parts and identify the melody and then how to sing each harmony . . . even if you think you are "tone deaf!"

Instructor: **Dale La Duke**

**6 Thursdays**  
**October 4-November 8**

**8:30-9:30 pm**  
**Reg. Fee: \$89**

## 166.0103 Intro Guitar I (10 yrs. to Adult)

Playing the guitar is one of the "coolest things" you can do! Grab your guitar (Acoustic or Electric) and LEARN HOW TO ROCK. In 6 short weeks you will learn how to read tab, understand where the notes on the guitar neck are as well as walking away with a serious arsenal of Classic Rock licks. Scales and Power Chords which will build the foundation of a lifetime of enjoyment making music. If you are taking your new guitar out of the case for the first time or wanting to brush up on the basics, this class is for YOU...!

**Dan Sindel** has 30 years + experience of teaching, recording and performing live concerts. Dan has received international recognition through his innovative recordings and has earned features in both Guitar Player and Electronic Musician magazines.

**6 Wednesdays**  
**October 3-November 7**

**6-8 pm**  
**Reg. Fee: \$149**



## 142.6004



## Beginning Piano (12 yrs.-Adult)

Have you always wanted to learn to play the piano? Well, here's your chance! This class starts at the very beginning with rhythms note reading and basic piano skills. No previous musical atmosphere for enjoyable and fun learning.

**Students must supply their own book,**

Adult Piano Method - Book 1: Lessons, Solos, Technique, & Theory Bk/Online Audio (Student Piano Library) Paperback – March 1, 2005

by Fred Kern (Author), Barbara Kreader (Author), Phillip Keveren (Author), Mona Rejino (Author)  
Books available online at Amazon.com.

**Sarah Olim** has a degree in Piano Pedagogy from University of Texas in Austin.

**6 Sundays**  
**October 7-November 18**  
**(no class on November 11)**

**1-3 pm**  
**Reg. Fee: \$149**

## 166.1115 One-On-One Piano (5 years-Adult)

If you are looking for one-on-one piano lessons, you've found it! Private instruction is the best way to learn to play the piano. In these 30 minute sessions, children or adults will progress at their own pace; beginners focus on note reading, rhythm reading and music theory, and more advanced levels will work on chord progressions and inversions, and piano technique. Materials used will depend on experience and music style. Students should have a piano/keyboard at home for daily practice.

Sarah Olim has a degree in Piano Pedagogy, from University of Texas in Austin.

**6 Sundays**  
**October 7-Novemebr 18**  
**(no class on 11/11)**

**3:00-3:30 pm**  
**Reg. Fee: \$219**

**6 Sundays**  
**October 7-Novemebr 18**  
**(no class on 11/11)**

**4:30-5:00 pm**  
**Reg. Fee: \$219**

**6 Sundays**  
**October 7-Novemebr 18**  
**(no class on 11/11)**

**3:30-4:00 pm**  
**Reg. Fee: \$219**

**6 Sundays**  
**October 7-Novemebr 18**  
**(no class on 11/11)**

**5:00-5:30 pm**  
**Reg. Fee: \$219**

**6 Sundays**  
**October 7-Novemebr 18**  
**(no class on 11/11)**

**4:00-4:30 pm**  
**Reg. Fee: \$219**

**6 Sundays**  
**October 7-Novemebr 18**  
**(no class on 11/11)**

**5:30-6:00 pm**  
**Reg. Fee: \$219**

**141.0103**

## Beginning Latin Ballroom

Learn easy basic steps in both Salsa and Cha Cha, emphasis on lead and follow. Cuban motion, and timing. Couples registration is not required.

Instructor: **Ken Wagner**

**5 Tuesdays**

**October 2-November 6**

**7:00 pm-8:00 pm**

**Reg. Fee: \$69**



**141.0101**

## Beginning Social Ballroom

Dances include Waltz and Rumba. Easy to learn steps, focus on musical rhythm, and lead and follow.

Couples registration is not required.

Instructor: **Ken Wagner**

**5 Tuesdays**

**October 2-November 6**

**8:00 pm-9:00 pm**

**Reg. Fee: \$69**

**141.0221**

## Ballet for Adults – Beginning

There is no better way to develop poise, grace, strength, and flexibility than with the fundamental technique of the beautiful art of ballet. An excellent foundation for all dance, this beginning course will focus on basic ballet technique and simple combinations. You will enhance self-esteem and build self-confidence while getting in shape! Students should wear leotards and tights or leggings. Ballet shoes are required. **NO STREET SHOES IN STUDIO**

Instructor: **Jacqueline Eusanio**

**6 Thursdays**

**October 4- November 8**

**5:30-6:30 pm**

**Reg. Fee: \$69**



## Middle Eastern Dance – Beginning/Intermediate

No dance has ever exerted a more powerful fascination than Middle Eastern Belly Dancing. You will develop poise and confidence while learning the most exotic and eloquent of all dances. Basic technique, rhythms, veil and finger cymbals are all part of this exciting class. Getting in shape was never so much fun! Jacqueline Eusanio holds a B.S. and M.S. in Kinesiology/Dance and has more than 40 years' experience as a professional performer, teacher, and choreographer.

**6 Thursdays 6:30-7:30 pm October 4- November 8 Reg. Fee: \$69**

## Middle Eastern Dance II – Intermediate/Advanced

Designed for those who have completed the Beginning Belly Dance course or who have studied basic belly dance technique, this exciting class will focus on the complete dancer and will include more advanced dance routines, finger cymbal patterns, veil work, and an introduction to floor work. You will learn how to develop your own individual style, and design and create your own costume. Whether you are interested in dancing professionally or in just having fun while getting in shape, this is the class for you! **NO BEGINNERS PLEASE.**

Instructor: **Jacqueline Eusanio**

**6 Thursdays**

**October 4- November 8**

**7:30-9:00 pm**

**Reg. Fee: \$69**

**141.0105**

## Beginning, Beginning Ballroom

If you think you have two left feet, then this class is for you. "If you can walk, I can teach you to dance." Learn simple patterns, lead and follow and an understanding of the beat. Featured dances will be Foxtrot, Waltz, Rumba and East Coast Swing. Gain the confidence to leave your chair and start dancing! Couple registration is not required.

**Betty Cates** is formally trained Arthur Murray dance instructor and Director of her own dance studio and brings to her current dance program many years of professional experience.

**6 Fridays**

**October 5- November 9**

**7-8 pm**

**Reg. Fee: \$69**

**141.0106**

## Salsa – Red Hot

Latin dances included in this course are: Rumba, Cha Cha, Salsa and Meringue. Basic steps and popular variations of each dance will be covered. Introduction of the Rumba hip-motion will be included and its use in Mambo and Cha Cha. Focusing also on lead, follow and timing. Couple registration not required.

Instructor: **Betty Cates**

**6 Fridays**

**October 5- November 9**

**8-9 pm**

**Reg. Fee \$69**

17.0301

## Total Conditioning with Kundalini Yoga

Strengthen the body, achieve balance and flexibility, increase energy reserves and release tensions with regular practice of these scientifically tested techniques which include breathing, stretching and movement exercises as well as meditation.

Immediate benefits of yoga include a feeling of deep relaxation and fulfillment and the integration of body, mind and spirit.

Experience this inner source of energy and creative potential and realize profound peace and joy in your daily life.

**Stephen Zelman** has over 40 years experience as an instructor in yoga, as well as healing and martial arts. He was trained and certified as an instructor by the master of Kundalini yoga, S.S.S. Harbhajan Singh Puri (Yogi Bhajan).



7 Mondays

Sept 24-November 5

7-9 pm

Reg. Fee: \$112

17.0303

## T'ai Chi Ch'uan – Chinese Style



Slow, sustained yet energetic movements to keep you healthy and young. Elements of the art to release tension and promote well being are covered. Good for all ages. Can be practiced any time and place and in any weather.

**Cecilia Lee** received her T'ai Chi training in China from a famous Chinese Master. She has been teaching T'ai Chi Ch'uan since 1975.

6 Wednesdays

October 10 - November 14

6:30-8:30 pm

Reg. Fee: \$96

# Recreation and Fitness

Fall 2018 Pierce College Extension Classes

Piercextension  
PIERCE COLLEGE COMMUNITY EDUCATION

06.0013

## Walking for Health

Take an active roll in your own well being and join our walking group. By the end of the 6 week session you will be more physically and mentally fit. Enjoy the many health benefits including improved sleep, increased bone density, decrease in blood pressure and resting heart rate, just to name a few. **We will be walking some hills!** Nutritional tips will be discussed.

Instructor: **Jan Onsgard, BS**

Certified Fitness Instructor

6 Thursdays

October 4 - November 15

(no class on 10/11)

6-7 pm

Reg. Fee: \$44



## ORDER YOUR PARKING PERMIT

*Parking permits may now be purchased by Phone for Extension classes meeting 6 weeks or longer. Before your class begins, you may call 818-719-6425 to purchase your permit, and we will Mail it to your home. No lines, no hassles. Please call at least 10-days prior to your class start date and allow mail delivery.*



## OPEN RECREATION

An unstructured community recreation program. Limited to participants 14 years and above.

Fee Per Day	Time	Activity	Location	Session
Sat.	5-11 pm	Badminton	North Gym	\$5
Mon., Wed., Fri.	6:30-8:30 pm	Weight Training	Fitness Center	\$3

05.0601

### Beginning Tennis

No previous tennis experience. Basic instruction in groundstrokes, serve and return-of-serve, volley and rules, scoring and playing procedures.

Instructor: *Afshin Zand*

**8 Thursdays** **6-7 pm**  
**October 4-November 29** **Reg. Fee: \$106**  
 (no class on 11/22)

### Advanced Tennis: Skills & Drills

The drills in these 2 week classes will help tennis players build on their strengths and clean up their tennis playing tactics and strokes.



05.0605

#### Drop Shots

Players will learn forehand and backhand drop shots and increase awareness of when to play them.

**2 Thursdays** **7:00pm-8:00pm**  
**October 4 & 11** **Reg. Fee: \$35**

05.0606

#### Serve

Learn to improve accuracy, spin, and power while gaining an understanding of strategies

**2 Thursdays** **7:00pm-8:00pm**  
**October 18 & 25** **Reg. Fee: \$35**

05.0607

#### Volley

In this class, we will practice volley forehand and backhand swing routine exercises to help players develop endurance, stamina, grip and agility.

**2 Thursdays** **7:00pm-8:00pm**  
**November 1 & 8** **Reg. Fee: \$35**

05.0608

#### Slice Forehand and Backhand

Players will learn about the techniques of these strokes and the ways to use them in order to control the rallies and put more pressure on the opponents, especially in the time of approaching the net.

**2 Thursdays** **7:00pm-8:00pm**  
**November 15 & 29** **Reg. Fee: \$35**  
 (no class on 11/22)

**STUDENTS MUST BRING ONE UNOPENED CAN OF TENNIS BALLS**

15.1202

### Coed Indoor Volleyball



six-man games will be played. A review of rules and regulations along with drills will help make this class informative and fun for all players. Lots of games will be played! Minimum age: 16 yrs.

Instructor: *Jan Onsgard*, BS Certified Fitness Instructor

**6 Thursdays** **8:35 pm -10:35 pm**  
**October 4-November 15** **Reg. Fee: \$58**  
 (no class on 10/11)

#### Intermediate/Advanced

**Prerequisite:** Student must have some volleyball experience, know basic rules and be able to consistently pass the ball with accuracy. Passing, setting, hitting, serving, body positioning and court coverage will be emphasized. Offensive and defensive strategies will be discussed. Skills such as blocking, diving and rolling will be covered and doubles through

**08.0501**

## Horseback Riding— Beginning (16 yrs. & up)

A fundamental class in English and Western riding designed to teach horseback riding to students with little or no previous experience. Emphasis will be on equestrian education on the ground and in the saddle. NOTE: This is a physically strenuous program. First meeting covers safety, grooming and saddling and attendance is mandatory for participation in the class.

Instructor: **Rod Bergen**

**Saturdays**

**October 6-November 17**

**(no class 11/10)**

**8:30-10:30 am**

**Reg. Fee: \$150**

(Due to limited number of large horses, certain individual height & weight restrictions will apply for safety reasons.)

**08.0503**

## Horseback Riding — Continuing Beginning (16 yrs. & up)



Prerequisite: Successful completion of a Beginning I Horseback riding class at Pierce College within the last three years and approval of the instructor. This class will give the student the opportunity to utilize the skills

learned in the preceding class while participating in group fun-filled riding activities.

Instructor: **Rod Bergen**

**Saturdays**

**October 6-November 17**

**(no class 11/10)**

**11:30 am-1:30 pm**

**(Note: This is a physically strenuous program)**

**Reg. Fee: \$175**

**Rod Bergen** has been teaching horseback riding at Pierce for over 18 years, has been certified by the American Riding instructors Association and has been qualified as a Law Enforcement Mounted Patrol Instructor. He has also conducted many clinics in proper horse handling and communications and has managed his ranch in the Santa Monica Mountains (where he owns horses) for over 25 years.

**08.0510**

## Beginning Riding Class

This class is for anyone wanting to learn how to handle and ride a horse. You will learn from the ground up how to catch, halter, lead, groom, tack and untack a horse as well as how to mount and dismount, walk, steer, stop, and back a horse. You may also learn how to trot and negotiate obstacles. No experience is needed, all equipment is provided. You must have riding shoes with heels, wear jeans and a shirt and bring a bandana to participate in class. Instructor: Katrina Britner

**6 Mondays 7-9 pm October 1-November 5**

**Reg. Fee: \$150**



**08.0511**

## Intermediate Riding Class

Prerequisite: Successful completion of Beginning Horseback riding class at Pierce College within the last three years and approval of the instructor. For students who have learned the basics of catching, grooming, saddling and bridling from a Pierce College Instructor within the last 3 years, this class will feature more riding basics. Learning how to move the front feet and back feet independently; learning how to ask your horse to change direction or speed in time with their cadence / foot falls, including walk, trot, halt and back.

Instructor: **Katrina Britner**

**6 Thursdays**

**October 4 -November 8**

**7-9 pm**

**Reg. Fee: \$175**

**Katrina Britner**, Adjunct Faculty at Pierce College, began showing horses in PeeWee Walk/Trot since she was 6 years old. A Pierce College alumni, she found Natural Horsemanship and has continued the practice ever since, helping all levels of riders to realize the powerful bond that can exist between a horse and a rider. No riding the first day but you will take horses out and groom them as well as go over any paperwork needed for class.

This class is physically strenuous and riders should be in good health to attend class.

**REGISTER ONLINE BEGINNING SEPT. 4  
EXTENSION.PIERCECOLLEGE.EDU**

03.2052

## Aqua Aerobics

This fun, fat-burning fitness workout incorporates cardiovascular and muscular conditioning, while improving posture and promoting flexibility and stamina. The techniques used in this shallow water exercise are designed for swimmers and non-swimmers.

**Deborah Hefter**, MA, is the Swimming Pool Supervisor at Pierce College. She has over 10 years of aquatic

**AQUA PASS – 15 CLASSES TO USE @ OWN PACE – \$105**

**M/W/F**

**8:30am-9:25am**

**August 20- December 14 (no class dates: 9/3, 11/12, 11/23)**



03.2001

## LAP Fitness Swimming & Water Walking

A lap swimming fitness program for overall body conditioning through self-directed aerobic swimming. A lifeguard is on duty.

**Swim Staff, Pierce College Lifeguard, Swim Instructor**

**LAP PASS – 20 SWIMS for \$70 (LAPC Students and Senior Citizens 65 and older (with ID) Reg. Fee: \$60)**

Must be purchased in extension office

No refunds will be given for lap swim passes. Lost or stolen passes will not be replaced

**SEPTEMBER- DECEMBER**

**Monday-Friday 7-8 am, 12 pm-1 pm, 5-7 pm**

## Weekend Lap & Open Recreational Swimming

**Saturdays**

**May 5-October 27 • 12-5 pm**

**Adults \$4.00 / Children \$2.00**

# LOS ANGELES PIERCE COLLEGE ADULT EDUCATION

**Free Career Training in: Geriatric Caregiver • Medical Terminology  
Custodial Technician • Workplace Success and More**

**CALL FOR INFORMATION 818-719-6423**

03.2000

## South West Aquatic Masters —Swim Team (19 yrs. & up)



Come join the swimmers of SWAM as you get in shape and have fun competing in US Masters swim meets. Our workouts are designed to increase the efficiency of your strokes and to improve your strength and endurance. Team dues include most equipment, well designed workouts and on-deck coaching! If you are a triathlete, swimmer or just serious about fitness, we have up to 12 workouts per week to fit your schedule.

Call the team phone 818-347-1637 or Pierce Extension 818-719-6425 for further info. **Prerequisite:** Must be able to swim at least 2 of the 4 competitive strokes continuously at an approximate rate of 1 mile/30 minutes.

*Swim Staff, Pierce College Lifeguard, Swim Instructor*

### SEPTEMBER

Monday-Friday 6-7 am  
Monday-Friday 12-1 pm  
Tuesday & Thursday 7-8 pm  
Saturday, 8:30 -10 am

Sept. 4-Sept. 28

### OCTOBER

Monday-Friday 6-7 am  
Monday-Friday 12-1 pm  
Tuesday & Thursday 7-8 pm  
Saturday, 8:30 -10 am

Oct. 1-Oct. 31

### NOVEMBER

Monday-Friday 6-7 am  
Monday-Friday 12-1 pm  
Tuesday & Thursday 7-8 pm  
Saturday, 8:30 -10 am

Nov 1-Nov 30

### DECEMBER

Monday-Friday 6-7 am  
Monday-Friday 12-1 pm  
Tuesday & Thursday 7-8 pm  
Saturday, 8:30 -10 am

Dec 3—Dec 31

Team Dues: \$62 monthly  
\$171 quarterly  
(Make checks payable to L.A.P.C.)

## Youth Competitive Swim Program (6-18 yrs.)

In this year-round swim program, children learn advanced level swim techniques from coaches and trainers using a competition based curriculum. Training includes dryland exercises, stroke technique instruction and conditioning in preparation for competition.

Prior to participation, children must have some swim lesson experience and an interest in competitive swimming, as well as attend a mandatory tryout. Please contact Stacey to schedule a tryout at 818-665-6285 or email [crestswim@aol.com](mailto:crestswim@aol.com).

**Stacy Smith**, Swim Coach.

Please submit your Registration Form (located on page 23) to the Pierce Extension Office via in-person, phone or fax.



**SEPTEMBER**  
Monday-Friday

**September 4-28**  
5-7 pm

**03.2021 MIGHTY MITE/NOVICE**  
REG. FEE: \$125

**OCTOBER**  
Monday-Friday

**October 1-31**  
5-7 pm

**03.2022 AGE GROUP**  
REG. FEE: \$135

**NOVEMBER**  
Monday-Friday

**November 1-30**  
5-7 pm

**03.2023 PRE-SENIOR**  
REG. FEE: \$145

**DECEMBER**  
Monday-Friday

**December 3-31**  
5-7 pm

142.6023

**Find Your Voice – (teen – adult)**

A group singing workshop in a judgment free environment where students learn safe and effective vocal techniques using numerous exercises that help the student find their authentic singing voice.

Students will learn:

- healthy breathing techniques
- how to release tension from the body and voice
- how to develop flexibility and strength.
- Tone placement, resonance and bridging registrations
- how to increase range

Weekly performance opportunities will give new singers the courage to stand and deliver a song with true emotional connection. The instructor will give feedback and coaching in a masterclass setting.

**6 Thursdays****October 11- November 15****6:00-7:30pm****Reg. Fee: \$84**

142.0109

**Songwriting – (teen – adult)**

A songwriting workshop in a supportive environment where students learn how song is crafted and the tools they can use to express their ideas effectively. The student will learn how to draw stories from daily life, song structure, the importance of song premise and title, use of vivid imagery, rhyme and meter, use of devices (metaphor, alliteration, repetition, contrast, etc...), melodic arc, harmonic structure and an understanding of basic music theory.

Students will complete one song over the course of the class, each week building the song with the assigned steps. Students will share their assigned work in class and will be provided feedback and guidance in a participation driven master class setting.

**6 Thursdays****October 11- November 15****7:30 – 9:30pm****Reg. Fee: \$136**

**Anna Montgomery** is an international singer and songwriter with over 25 international releases and five #1 hits in Europe. She has released 7 independent records in the US, toured with Grammy winner, Shelby Lynne, and appeared on Jay Leno's Tonight Show, David Letterman, and the Ellen Show. She is a Los Angeles Music Award winner and recipient of a Los Angeles Women in Music Comet Award and can be heard throughout film and television and has written for publishers including Disney and Pulse Publishing. She has been teaching music privately for nearly 20 years and her practice includes voice, piano, songwriting and ear training.

## COMMUNITY EDUCATION CLASSES FOR ADULTS

**Online Registration Begins TUESDAY SEPT 4****Telephone Registration Begins TUESDAY SEPT 4 at 9 am****In-Person Registration Begins TUESDAY SEPT 4 at 10 am****and Mail and Fax Registration Begins****Classes Begin SEPTEMBER 28****For further information please call****(818) 719-6425**

## Pre-Algebra & Algebra

Does higher math scare you? Crack the code! It is possible to conquer, grasp, and actually enjoy it. Algebra is just a logical mental procedure in attacking problems. Students should bring homework and questions to work on hard-to-grasp concepts. Classes are limited in size, so register early! Sandbox Staff members have Engineering / Advanced Degrees in Computer Science, several with rich experience in the Information Technology field. They have a passion for Technology, and take pride in inspiring students to explore STEM. Sandbox staff are selected to ensure a fantastic learning experience for the students are cherished by Sandbox and its Customers.

**160.0512**

### Pre-Algebra

**6 Saturdays**

**September 29-Nov 3**

**10:00-11:30 am**

**Reg. Fee: \$139**

**160.0513**

### Algebra I

**6 Saturdays**

**September 29-Nov 3**

**12:30-2:00 pm**

**Reg. Fee: \$139**

**160.0319**

## Awesome School Projects with MS Office

**– (Ages 10-17)**

Being able to competently use computer for work is no longer an optional skill. Common Core now requires students to be familiar with Computer Usage, and what better way to demonstrate those skills than to master Microsoft Office – for fun, school & beyond. Learn the essential skills for school and beyond. Students complete hands on assignments to explore key features of the world's most popular productivity tools: Word, PowerPoint & Excel. Students demonstrate their mastery with real world projects based on their topic of interest or a live school project.

**Sandbox Staff** members have Engineering / Advanced Degrees in Computer Science, several with rich experience in the Information Technology field. They have a passion for Technology, and take pride in inspiring students to explore STEM. Sandbox staff are selected to ensure a fantastic learning experience for the students are cherished by Sandbox and its Customers.

**6 Saturdays**

**September 29-November 3**

**3:30-5:00 pm**

**Reg. Fee: \$139**

**160.0509**

## Mad Math I – (Ages 10-13)

Mad about math? Or perhaps, mad at math? Either way, we've got you covered! By developing and manipulating interactive computer-powered models, students develop interest in mathematics and reinforce their foundations by exploring popular concepts in Arithmetic, Algebra and Geometry. Aligned with Common Core for 5-8 Grade Mathematics.

**Sandbox Staff** members have Engineering / Advanced Degrees in Computer Science, several with rich experience in the Information Technology field. They have a passion for Technology, and take pride in inspiring students to explore STEM. Sandbox staff are selected to ensure a fantastic learning experience for the students are cherished by Sandbox and its Customers.

**6 Saturdays**

**September 29-November 3**

**2-3:30 pm**

**Reg. Fee: \$139**

Sandbox™



## Looking to succeed in the workplace?

**LOS ANGELES  
PIERCE COLLEGE  
Adult Education  
818-710-2586**

**Call for information  
on these free classes**

**166.1115**

## One-On-One Piano (5 Years-Adult)

If you are looking for one-on-one piano lessons, you've found it! Private instruction is the best way to learn to play the piano. In these 30 minute sessions, children or adults will progress at their own pace; beginners focus on note reading, rhythm reading and music theory, and more advanced levels will work on chord progressions and inversions, and piano technique. Materials used will depend on experience and music style. Students should have a piano/keyboard at home for daily practice.

**Sarah Olim** has a degree in Piano Pedagogy, from University of Texas in Austin.

<b>6 Sundays</b>	<b>3:00-3:30 pm</b>
<b>October 7-Novemehr 18 (no class on 11/11)</b>	<b>Reg. Fee: \$219</b>
<b>6 Sundays</b>	<b>3:30-4:00 pm</b>
<b>October 7-Novemehr 18 (no class on 11/11)</b>	<b>Reg. Fee: \$219</b>
<b>6 Sundays</b>	<b>4:00-4:30 pm</b>
<b>October 7-Novemehr 18 (no class on 11/11)</b>	<b>Reg. Fee: \$219</b>
<b>6 Sundays</b>	<b>4:30-5:00 pm</b>
<b>October 7-Novemehr 18 (no class on 11/11)</b>	<b>Reg. Fee: \$219</b>
<b>6 Sundays</b>	<b>5:00-5:30 pm</b>
<b>October 7-Novemehr 18 (no class on 11/11)</b>	<b>Reg. Fee: \$219</b>
<b>6 Sundays</b>	<b>5:30-6:00 pm</b>
<b>October 7-Novemehr 18 (no class on 11/11)</b>	<b>Reg. Fee: \$219</b>



**142.6004**

## Beginning Piano – (12 yrs.-Adult)

Have you always wanted to learn to play the piano? Well, here's your chance! This class starts at the very beginning with rhythms note reading and basic piano skills. No previous musical atmosphere for enjoyable and fun learning.

Students must supply their own book, Adult Piano Method - Book 1: Lessons, Solos, Technique, & Theory Bk/Online Audio (Student Piano Library) Paperback – March 1, 2005 by Fred Kern (Author), Barbara Kreader (Author), Phillip Keveren (Author), Mona Rejino (Author) Books available online at Amazon.com.

**Sarah Olim** has a degree in Piano Pedagogy from University of Texas in Austin.

<b>6 Sundays</b>	<b>1:00pm-3:00pm</b>
<b>October 7-November 18</b>	<b>Reg. Fee: \$149</b>
<b>(no class on November 11)</b>	

**166.0104**

## Introduction to Piano (8-11 yrs.)

Introduction to piano will offer children a first step towards the fun of making music at the piano. Through the use of musical games, projects and written exercises, the children will develop listening skills and acquire the ability to read musical and rhythmic notation. IT IS NOT NECESSARY TO HAVE A PIANO AT HOME.

**Sarah Olim**, BM, Degree in Piano Pedagogy from the University of Texas in Austin.

<b>6 Sundays</b>	<b>12-1 pm</b>
<b>October 7-November 18</b>	<b>Reg. Fee: \$79</b>
<b>(no class on November 11)</b>	

**Students must supply their own books; Nancy and Randall Faber "I can Read Music – Book I. "Available on Amazon**

**166.0105**

## Piano for Fun (5-8 yrs.)

This preparatory piano class will offer children a creative introduction to musical training at the piano. Through the use of musical games and projects, children will become familiar with the piano keyboard, develop listening skills, learn basic rhythmic notation and be introduced to note reading. This will provide parents with an opportunity to observe their children in musical study. IT IS NOT NECESSARY TO HAVE A PIANO AT HOME.

**Sarah Olim**, BM, Degree in Piano Pedagogy from the University of Texas in Austin.

<b>6 Sundays</b>	<b>11:00 am-12:00 pm</b>
<b>October 7-November 18</b>	<b>Reg. Fee: \$79</b>
<b>(no class on November 11)</b>	

166.0103

## Intro to Guitar I (10 yrs. – Adult)



Playing the guitar is one of the “coolest things” you can do! Grab your guitar (Acoustic or Electric) and LEARN HOW TO ROCK. In 6 short weeks you will learn how to read tab, understand where the notes on the guitar neck are as well as walking away with a serious arsenal of Classic Rock licks. Scales and Power Chords which will build the foundation of a lifetime of enjoyment making music. If you are taking your new guitar out of the case for the first time or wanting to brush up on the basics, this class is for YOU...!

**Dan Sindel** has 30 years + experience of teaching, recording and performing live concerts. Dan has received international recognition through his innovative recordings and has earned features in both *Guitar Player* and *Electronic Musician* magazines.

**6 Wednesdays 6:00-8:00pm**

**October 3-November 7 Reg. Fee: \$149**

142.6023

## Find Your Voice (teen – adult)

A group singing workshop in a judgment free environment where students learn safe and effective vocal techniques using numerous exercises that help the student find their authentic singing voice. Students will learn:

- Healthy breathing techniques
- How to release tension from the body and voice
- How to develop flexibility and strength.
- Tone placement, resonance and bridging registrations
- How to increase range

Weekly performance opportunities will give new singers the courage to stand and deliver a song with true emotional connection. The instructor will give feedback and coaching in a masterclass setting.

**6 Thursdays**

**6:00-7:30pm**

**October 11- November 15**

**Reg. Fee: \$84**

142.0109

## Songwriting (teen – adult)

A songwriting workshop in a supportive environment where students learn how song is crafted and the tools they can use to express their ideas effectively. The student will learn how to draw stories from daily life, song structure, the importance of song premise and title, use of vivid imagery, rhyme and meter, use of devices (metaphor, alliteration, repetition, contrast, etc...), melodic arc, harmonic structure and an understanding of basic music theory.

Students will complete one song over the course of the class, each week building the song with the assigned steps. Students will share their assigned work in class and will be provided feedback and guidance in a participation driven master class setting.

**6 Thursdays**

**7:30 – 9:30pm**

**October 11- November 15**

**Reg. Fee: \$136**

**Anna Montgomery** is an international singer and songwriter with over 25 international releases and five #1 hits in Europe. She has released 7 independent records in the US, toured with Grammy winner, Shelby Lynne, and appeared on Jay Leno’s Tonight Show, David Letterman, and the Ellen Show. She is a Los Angeles Music Award winner and recipient of a Los Angeles Women in Music Comet Award and can be heard throughout film and television and has written for publishers including Disney and Pulse Publishing. She has been teaching music privately for nearly 20 years and her practice includes voice, piano, songwriting and ear training.



160.0329

**Painting with the Masters (13 yrs.-adult)**

Release the stress of daily life and discover your creative self by exploring different art mediums. Whether this is a one-time experience or a lifelong hobby, this survey course will give you the opportunity to expand your right brain. This course is perfect for "me time" or as an occasion to gather with family or friends. This class will include:

- Intro to lines/forms: Learn from Matisse/Picasso on how to use pencil/charcoal/pen in defining contour lines, forms, and gridlines.
- Pastel: Learn from Degas/O'Keeffe in using soft pastel & oil pastel.
- Watercolors: Learn from Asian artist/Turner in their approach to watercolors.
- Acrylic Painting: Learn from Van Gogh/Murkarni in their approach to texture building & color expression.
- Mix Medium: Students will define their final project with their choice of subject & medium.

**Mary Watanabe** completed her fine art studies at CSUN, specializing in studio art in oil painting. Mary is currently an art docent at the Getty Center and she is the creator of Eat, Drink, Arts, where she has hosted paint events to 300+ guests.

**6 Saturdays****October 6- November 17****9:00 am-11:00 pm****Reg. Fee: \$99****( no class on 11/10)**

160.0330

**Art Journaling (10 years - adult)**

Art journaling can be one of the most rewarding forms of art. Release the stress of daily life and discover your creative self by exploring different art mediums. This course is perfect for "me time" to explore creativity & therapeutic art.

The class will include:

- Spontaneous Imagery: Creating a scribble or free-form lines and looking for images within those lines.
- Mandala Journal: Simply trace or draw a circle on each page of the journal
- Photo collage Journal: Collection of your favorite images, words or quotes from magazines or books, and/or print memorabilia into an image journal.
- Thematic Journal: Discover your artistic style, and create your own approach in variety of journal ideas, i.e. garden, music art, food & recipe, positive gratitude, mandala, book, pet/animal journal.
- Stylistic Journal: Students will define their own style/approach & themes for the final two sessions

Instructor: **Mary Watanabe**

**6 Saturdays****October 6- November 17****(no class on 11/10)****11:30 am-1:00 pm****Reg. Fee: \$92****Online Learning**

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190.0114

## Tiny Pros Soccer — Run: Kick: Shoot: SMILE (Ages 2-7)



Using our highly successful, age appropriate curriculum, correct technique is taught in a fun, but realistic way. You will be amazed at how quickly your tiny pro develops the basic skills that are the stepping stones for playing the game. As technique improves, each session also includes a small sided game to put skills learned into the game situation.

Our coaches are amongst the best in the business having both soccer qualifications and experience coaching young players.

If any of our Tiny Pros made it to be the next 'sports superstar' we would be delighted but our real goal is to instill our little team with a sense of confidence, coordination, friendship and a love of the game.

**Brian Miller**, Director of Coaching, was a PE teacher and former soccer coach at Pepperdine University. He is an AYSO coaching instructor and is licensed by the United States Soccer Federation. Brit-West employs only the most qualified and experienced coaches who are carefully and specifically selected for the age groups they will be coaching.

(2-3½ Years) 8 Saturdays  
October 6- December 8  
9:00-9:45am  
(no class on 11/10 & 11/24)

\$132

(3½ -5 Years) 7 Saturdays  
October 6- December 8  
10:00-10:45am  
(no class on 11/10 & 11/24)

\$132

(5-7 Years) 7 Saturdays  
October 6- December 8  
11:00-11:45am  
(no class on 11/10 & 11/24)

\$132

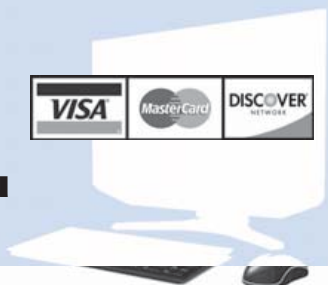
(7-9 Years) 7 Saturdays  
October 6- December 8  
12:00-12:45am  
(no class on 11/10 & 11/24)

\$132



## REGISTER ONLINE BEGINNING SEPT. 4

[extension.piercecollege.edu](http://extension.piercecollege.edu)



209.0101

## Beginning Tennis (8-15 Years)

No previous tennis experience required. Basic introduction to playing and scoring procedures. Afshin Zand is a tennis professional. He has played and taught tennis for over 25 years.

6 Saturdays

October 6- Nov 17  
(no class 11/10)

9-10 am

Reg. Fee: \$78

6 Saturdays

October 6- Nov 17  
( no class 11/10)

10-11 am

Reg. Fee: \$78

209.0102

## Beginning Tennis Continued (8-15 years)

For students who have had previous tennis lessons and know basic forehand, backhand and volley.

6 Saturdays

October 6- Nov 17  
(no class 11/10)

11 am-Noon

Reg. Fee: \$78



STUDENTS MUST PROVIDE WITH THEIR OWN TENNIS BALLS  
(1 can of Penn Control+ Green Tennis Balls)



## ORDER YOUR PARKING PERMIT

*Parking permits may now be purchased by Phone for Extension classes meeting 6 weeks or longer. Before your class begins, you may call 818-719-6425 to purchase your permit, and we will Mail it to your home. No lines, no hassles. Please call at least 10-days prior to your class start date and allow mail delivery.*

**202.0301**

## **Kidnastics (3-4 Years)**



Designed to explore and improve the gross motor skills of young girls and boys. We'll play fun games and do activities using gymnastics equipment, hoops, balls and bean bags, Children will build self-esteem and improve strength and coordination.

Susan Sorenson competed as a gymnast up to college level and has been teaching and coaching gymnastics since 1969.

<b>7 Fridays</b>	<b>4-5 pm</b>
<b>September 28-November 16</b>	<b>Reg. Fee: \$76</b>
<b>(no class on 11/9)</b>	
<b>7 Saturdays</b>	<b>8-9 am</b>
<b>September 29-November 17</b>	<b>Reg. Fee: \$76</b>
<b>(no class on 11/10)</b>	

## **Girls Gymnastics**

This program has progressions starting from beginning educational gymnastics through intermediate levels. Each girl is tested and placed according to age and natural or learned abilities. The format is based on fun and raising self-esteem. Parent observation is permitted.

Susan Sorenson competed as a gymnast up to college level and has been teaching and coaching gymnastics since 1969.

**202.0101**

## **Girls Gymnastics (4-9 years)**

<b>7 Fridays</b>	<b>5:30-7 pm</b>
<b>September 28-November 16</b>	<b>Reg. Fee: \$99</b>
<b>(no class on 11/9)</b>	

**202.0102**

## **Girls Gymnastics (8-17 years)**

<b>7 Fridays</b>	<b>7-8:30 pm</b>
<b>September 28-November 16</b>	<b>Reg. Fee: \$99</b>
<b>(no class on 11/9)</b>	

**202.0103**

## **Girls Gymnastics (4-17 years)**

<b>7 Saturdays</b>	<b>9-10:30 am</b>
<b>September 29-November 17</b>	<b>Reg. Fee: \$99</b>
<b>(no class on 11/10)</b>	

## 202.0201

### Fundamentals in Gymnastics for Boys (5-9 years)

This is a gymnastics class which will emphasize tumbling skills. We will also learn skills on the vaulting horse, balance beam, and uneven parallel bars. We will work at your boy's skill level and continue to challenge them. We want to promote good self-esteem, build confidence, balance, strength and agility through gymnastics.

**Susan Sorenson** competed as a gymnast up to college level and has been teaching and coaching gymnastics since 1969.

**7 Fridays**

**5:30-7 pm**

**September 28-November 1**

**Reg. Fee: \$99**

**6 (no class on 11/9)**



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- Medical Terminology: A Word Association Approach
- Speed Spanish
- Introduction to Microsoft Excel
- Project Management Fundamentals
- Grammar Refresher
- Introduction to Statistics
- Computer Skills in the Workplace
- Administrative Assistant Fundamentals

### Popular Programs:

- Accounting Fundamentals
- Creating Web Pages
- Medical Terminology: A Word Association Approach
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Community Education classes are offered in addition to Pierce College's instructional program and are not academic equivalents of regular credit classes or prerequisites for the traditional college program.

The Los Angeles Community College District and Pierce College employ individuals from a wide spectrum of the community to teach Community Education classes. Neither the Los Angeles Community College District nor Pierce College recommends, endorses or sponsors any services these individuals offer or provide outside the classroom environment. The Los Angeles Community College District and Pierce College assume no responsibility for any consequences that may arise from a student's decision to enter into a business or professional arrangement with an instructor outside of the College's scheduled activity.

The Los Angeles Community College District and Pierce College have made every reasonable effort to determine that everything stated in this Calendar is accurate. Classes and programs offered together with other matters contained herein, are subject to change without notice by the administration of the Los Angeles Community College District or Pierce College for reasons related to student enrollment, level of financial support, or for any other reason, at the discretion of the District and the College. The District and the College further reserve the right to add, amend, or repeal any of their rules, regulations, policies, and procedures.

### Nondiscrimination Policy

All programs and activities of the Los Angeles Community College District shall be operated in a manner which is free of discrimination on the basis of race, color, national origin, ancestry, religion, creed, sex, pregnancy, marital status, medical condition (cancer related), sexual orientation, age, disability, or veterans status (Reference: Board Rule 1202).

### Equal Opportunity Policy Compliance Procedure

In order to insure Equal Opportunity Policy Compliance at Los Angeles Pierce College, please direct inquiries to Anafe Robinson, Assoc. Dean, Section 504 Disabled Student Programs and Services, 719-6430.

Inquiries may also be directed to the District Office of Affirmative Action at (213) 891-2000, ext. 2315.

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